



PRESS RELEASE

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FOR IMMEDIATE RELEASE:

Unifying the Energy Field, Addressing Trauma with Acupressure Workshop Featured at Holistic Nurses Conference

The American Holistic Nurses Association will be hosting an educational presentation entitled “Unifying the Energy Field, Addressing Trauma with Acupressure,” on Sunday, June 2, 2019 from 8:30 am to 5:15 pm in Tulsa, Oklahoma at its 39th Annual Conference. The educational workshop and lecture shares how to unify the energy field of the whole-being (body, mind, emotions and soul) by using the gentle, potent skilled touch of acupressure. You will also learn how the three layers of chi and the original energetic matrix of the Eight Extraordinary Vessels provide a compassionate and effective way to consciously support addressing trauma of all forms.

About Elizabeth

One of the speakers for the event is currently in her fifteenth year of practice as a Nurse Practitioner, working in the specialty of Cardiology. Elizabeth Monson, MA, MS, NP-C, assisted with the creation of an inpatient integrative medicine service and nursing training program in 2008 at the University of Maryland Medical Center in Baltimore. In 2010 Elizabeth moved to Oregon and launched an integrative medicine nursing training program at Good Samaritan Regional Medical Center in Corvallis, Oregon. This program features skill development for nurses in acupressure and Reiki. She has also designed and conducted a study of Acupressure for ADHD.



About Cathy

Accompanying Monson will be Cathy Miller, MM, LMT, ABT. Miller has been a certified practitioner and instructor of Soul Lightening Acupressure since 2005. She is a Licensed Massage Therapist with additional diplomas and certifications in Asian Bodywork Therapy (NCCAOM), and Advanced

Certifications in Process Acupressure, and Clinical Acupressure (SLI). She has also previously served as an affiliated practitioner at the Tai Sophia Institute in Laurel, Maryland, and at the Center for Integrative Medicine in Easton, Maryland.

Monson and Miller's pre-conference workshop is offered for 6 contact nursing education hours at a price of \$285.00. It will be held in the Executive Room at the Hyatt Regency in Tulsa. [To learn more about attending this presentation and other sessions, please visit our website at www.ahna.org/Events/Annual-Conference/Registration-Information. AHNA's Educational Provider Committee is accredited as a provider of continuing nursing education by the American Credentialing Center's Commission on Accreditation. Provider Approved by the California Board of Registered Nursing, Provider #10442.]



About AHNA

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission, the advancement of holistic healthcare by increasing awareness and promoting education, as well as personal community-building among nurses, other healthcare professionals and the public. This nonprofit professional membership organization is the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the mind body and spiritual health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of holistic healthcare professionals. AHNA currently services more than 5,500 members through 166 local chapters/networks in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

For additional information, contact:

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