



# American *Holistic Nurses* Association

## Press Release

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FOR IMMEDIATE RELEASE

### **American Holistic Nurses Association Recognizes Dawn Langley-Brady, PhD(C), RN, AHN-BC, CHPN, CCAP for 2017 Research Grant Award**

Dawn Langley-Brady PhD(C), RN, AHN-BC, CHPN, CCAP of Augusta, Georgia was awarded the 2017 Research Grant Award at the 37<sup>th</sup> Annual American Holistic Nurses Association (AHNA) Conference in Rancho Mirage, California, June 5 – June 10th, 2017. The AHNA Research Grant Award is a competitive allocation that offers up to \$5,000 to members conducting research that demonstrates advancing holistic nursing practices.

#### **About Dawn**

Dawn Langley-Brady PhD(C), RN, AHN-BC, CHPN, CCAP, is an Instructor at Augusta University, College of Nursing. Dawn will use this grant to fund her research project 'Essential Oils Effect on Chemotherapy-Induced Peripheral Neuropathy Pain in Breast Cancer: A Mixed Methods Study'. The study will look at the hypothesis that a topically-applied Essential Oil blend (containing *Curcuma longa*, *Mentha x piperita*, *Pelargonium asperum*, *Piper nigrum*, *Rosmarinus officinalis ct. cineole*, and *Zingiber officinale*) reduces chemotherapy-induced peripheral neuropathy (CIPN) pain and improves quality-of-life in breast cancer patients using a single-blind, placebo-controlled study paralleled by documenting participants' perspectives of living utilizing photovoice methodology. The ultimate goal of this research project is to determine and measure the pain-reducing and quality-of-life-enhancing efficacy of topically-applied Essential Oils.

#### **About AHNA**

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This professional specialty nursing membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and integrative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services approximately 4,500 members through 130 local chapters/networks in the U.S. and abroad.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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