March 16, 2018
FOR IMMEDIATE RELEASE

**Acupressure for Anyone: Practical Global Applications, a Workshop available at Holistic Nurses Conference in Niagara Falls, New York**

The American Holistic Nurses Association’s 38th Annual Conference will feature an intensive presentation entitled, “Acupressure for Anyone: Practical Global Applications,” by Cathy Miller, MM, LMT, ABT (NCCAOM), Kari Sand-Jecklin, EdD, MSN, RN, AHN-BC, Rose Hosler, RN, BSN, HNB-BC, HWNC-BC & Terry Haag, RN, to be held on Tuesday, June 5, 2018 from 8:30 am to 5:15 pm in Niagara Falls, New York. The educational workshop and lecture will explore touch-based healing through the skilled-usage of acupressure. Learn acupressure approaches that have been passed down through generations to address common health issues, both for self-care and patient-care.

The course will be held at the Conference & Event Center Niagara Falls, in Niagara Falls, NY and offers 6 continuing nursing education contact hours for $265.00. To learn more about attending this presentation and other sessions, please visit our website at [www.ahna.org/AnnualConference](http://www.ahna.org/AnnualConference).

AHNA’s Education Provider Committee is accredited as a provider of continuing nursing education by the American Credentialing Center’s Commission on Accreditation.

Provider Approved by the California Board of Registered Nursing, Provider #10442.

**About the Presenters**

**Cathy Miller**

Cathy Miller, MM, LMT, ABT (NCCAOM) is a Licensed Massage Therapist and also a Diplomate of Asian Bodywork Therapy from the National Certification Commission for Acupuncture and Oriental Medicine. Her private practice is in Silver Spring, Maryland and she teaches acupressure workshops to healthcare practitioners across the nation. She enjoys mentoring beginning and advanced acupressure students worldwide, and participates in a variety of global community health initiatives. In addition to her private practice and teaching, she is keenly interested in supporting research projects that study the whole-being health benefits of acupressure.

**Kari Sand-Jecklin**

Kari Sand-Jecklin, EdD, MSN, RN, AHN-BC is an associate professor of nursing at West Virginia University. She is certified in Clinical Acupressure, and has conducted research related to the use of acupressure and other holistic techniques to reduce stress and other symptoms and promote wellbeing of both
inpatients and outpatients. She has developed and teaches a holistic and integrative nursing course for undergraduate students, and has received several awards for excellence in teaching.

**Rose Hosler**

Rose Hosler, RN, BSN, HNB-BC, HWNC-BC received her bachelors in nursing from Cleveland State University. She began her career at the Veterans Administration Hospital, working in medical-surgery and then critical care. She then moved to a different hospital system and worked in the emergency department and became a sexual assault nurse examiner. During this journey Rose incorporated holistic care and became a board certified holistic nurse in 2014. She currently practices as a holistic nurse as The Healing Services Coordinator, seeing patients, families and staff. Rose views the whole person mind, body, and spirit to support the healing process.

**Terry Haag**

Terry Haag, RN-BSN has been a practicing nurse for 44 years in the areas of hospice, obstetrics, psychiatric care, hospital nursing, public health and school nursing. Terry is a Cranial Sacral Therapist, Brain Gym instructor and is completing her certification in Process Acupressure. She is on the board of directors for the Haiti Medical Mission of Wisconsin and Thiote Haiti Vulnerable Children Compassion Project and has traveled to Haiti for the past 4 years to work with families and children at a small medical clinic. She has enjoyed the opportunity to teach the Seva Stress Release acupressure formula there.

**About AHNA**

The American Holistic Nurses Association (AHNA) is a non-profit specialty nursing professional membership organization that serves as the definitive voice for registered nurses who practice holistic nursing.

Founded in 1981, AHNA’s primary mission is to advance holistic nursing through Practice, Community building, Advocacy, Research and Education. The association is dedicated to the continued development of evidence-based holistic research, self-care methods for nurses and non-pharmological pain management. AHNA offers networking opportunities to its members along with continuing nursing education through webinars, self-study programs, publications, conferences, and scholarship and grant opportunities.

AHNA currently services more than 5,000 members through 146 local chapters in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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