Overview
The purpose of this activity is to enable the learner to reflect upon the ways that both psychiatric mental health nursing and holistic nursing value a person’s unitary wholeness.

Learning Objectives:
Following this education activity, the participant will be able to:
1. Discuss integrative modalities commonly used in the author’s experience and in the evolving field of psychiatric mental health nursing.
2. Consider how the conceptual basis of psychiatric mental health nursing and holistic nursing practice are similar.

Contact Hour(s) 1.4

Requirements for Successful Completion
Requirements for successful completion includes: read the entire article, score 70% or better on the posttest, complete the online evaluation form.

Conflict of Interest
The planners and faculty have declared no conflicts of interest related to this activity.

Commercial Support
There is no commercial support or sponsorship for this activity

Expiration Date of Contact Hours
Posttest must be completed on or before November 30, 2018

Beginnings, AHNA Member Magazine, December 2016 Issue

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