Frequently Asked Questions

1. **How many times will the program be offered each year?**
   The American Holistic Nurses Association (AHNA) plans to offer all three sessions consecutively at least once a year by the end of 2019 in each of the following three regions; East Coast, West Coast, and Midwest. The AHNA will offer the first session of The Integrative Healing Arts Program in Holistic Nursing (IHAP) three-part session starting September of 2018 in Chester, Connecticut. It is anticipated the IHAP Session One will be offered on the West Coast in January of 2019 and in the Midwest in July of 2019.

2. **Am I required to attend all 3 sessions or may I only attend one or two sessions?**
   Individuals are not required to attend all three sessions in order to prepare to take the Holistic Nurses Certification Exam. However, it is strongly recommended that individuals interested in maximizing their ability to pass the Holistic Nurse Certification Exam take all three sessions. **Note:** Session Two has a pre-requisite to having successfully completed Session One and in order to take Session Three there is a pre-requisite to have successfully completed both Session One and Two.

3. **Am I required to attend all 3 sessions in one location or can I mix and match locations?**
   AHNA plans to offer all three sessions at least once a year in each of the following three regions; East Coast, West Coast, and Midwest. Individuals may choose to attend the next Session in a different location/region than where they previously took the other session(s). **Note:** Session Two has a pre-requisite to having successfully completed Session One and in order to take Session Three there is a pre-requisite to have successfully completed both Session One and Two.

4. **Will there be a discount if multiple nurses enroll together?**
   AHNA will offer a reduced overall registration rate for individuals when registering for all three sessions at the same time. There is no discount for multiple nurses enrolling together.

5. **How will attending this program help me get a job in holistic nursing?**
   Holistic nurses work in all healthcare settings including hospitals, universities and private practices. The demand for holistic nursing preparation has escalated in the past two years as many patients are looking for patient centered holistic approaches and interventions that address the needs of the whole person: body, mind, emotion and spirit. Healing arts are those interventions that foster an individual’s healing process; a
return of the individual toward a state of wholeness in which body, mind, emotional spirit are integrated and balanced, and the person is able to reach deeper levels of self-understanding. Healing does not equate to curing, although they can be synchronous.

Holistic nurses use holistic principles and modalities in their daily life and in clinical practice to remove the barriers to the healing process and create a space within and around themselves that allow them to be instruments of healing as they share their authenticity, caring presence and nursing skills to facilitate the birth, growth, recovery or end-of-life transition with the people who need their care.

6. If I complete this program, what will the certificate of completion reflect? Successful completion of all three sessions of the Integrative Healing Arts Program in Holistic Nursing (IHAP) demonstrates that you have completed educational programming that focuses on pivotal nursing roles within a new paradigm of healthcare, grounded in a foundation of holism and assisting nurses to incorporate the acquired knowledge and skills within their professional practice.

7. How soon will enrollment be open in California? The Midwest? Registration for each session of the Integrative Healing Arts Program in Holistic Nursing (IHAP) within each region be open approximately 90 days prior to that specific session’s start date. AHNA plans to announce the 2019 Session start dates by August 1st, 2018.

8. Approximately how many students will attend each class, and with how many instructors? Each session will have a maximum capacity of 40 attendees and 3-4 instructors.

9. Where can I see an outline of the learning content? The content outline will be available in the IHAP Brochure. To Register to receive an IHAP Brochure and registration information click this link www.ahna.org/shop/IHAP

10. How can I receive more information? Register to receive an IHAP brochure and registration information by clicking this link www.ahna.org/shop/IHAP