Safe Integration of Complementary and Alternative Therapies in Geriatric Care 2015 Ed.

Article by: Charlotte Eliopoulos, RN, MPH, ND, PhD
Nurse Planners: Deborah Shields, PhD, RN, CCRN, QT TT, AHN-BC,
Linda Thomas, PhD, RN-BC, CCRN, CHTP/I, HTAP & Terri Roberts JD, RN

Overview
The purpose of this CNE activity is to increase the learner’s knowledge of safe integration of complementary and alternative therapies into geriatric care.

Target Audience
This activity has been designed to meet the educational needs of registered nurses who provide care to older adults.

Learning Objectives:
Following this education activity, the participant will be able to:
1. Describe the characteristics of CAM users.
2. List at least two risks to older adults who use CAM inappropriately.
3. Discuss the benefits of CAM in geriatric care.
4. Describe several CAM therapies, their potential use, and special considerations in geriatric care.
5. List at least three responsibilities nurses have when using CAM in geriatric care.

Contact Hour(s) 1.0

Requirements for Successful Completion
Requirements for successful completion includes; read the entire article, 70% or better score on posttest, completion of online evaluation form.

Disclosures
The faculty/planners who reported the following financial relationships or relationships to products or devices they or their spouse/life partner have with commercial interests related to the content of this CNE activity: Deborah Shields, PhD, RN, CCRN, QT TT, AHN-BC, Linda Thomas, PhD, RN-BC, CCRN, CHTP/I, HTAP and Terri Roberts JD, RN reported no relevant financial relationships with any commercial entity related to this CNE activity.

Commercial Support
There is no commercial support or sponsorship for this activity

Expiration Date of Contact Hours
Posttest must be completed on or before January 31, 2021

AHNA is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s COA.

Provider approved by the California Board of Registered Nursing, Provider # 10442

Accredited status does not imply endorsement of any product/service by AHNA or ANCC.

AHNA’s CNE activities do not include any unannounced information about off-label use of a product for a purpose other than that for which it was approved by the Federal Drug Administration (FDA)