American Holistic Nurses Association President featured on Advance for Nurses Magazine Cover Story “Treating the Whole Patient: The Evolution of Holistic Nursing”

The September 15th issue of the Advance for Nurses Northeast magazine featured American Holistic Nurses Association (AHNA) President Peggy Burkhardt PhD, FNP, AHN-BC in the cover story article titled “Treating the Whole Patient: The Evolution of Holistic Nursing”. The advance writer, Catlin Nalley, created an engaging and informative storyline tying holism and nursing with historical perspectives from the days of Florence Nightingale. The article discusses how holism has played a role since the beginning of nursing and how it has reemerged in nursing care delivery today. “Florence Nightingale was a pioneer in not only nursing, but holistic care”, said Burkhardt. “She was one of the first to consider how the environment impacts patient health”. Holistic care has been around since the early days of nursing and will continue to be an important part of everyday healthcare.

Peggy Burkhardt Background

Peggy Burkhardt PhD, FNP, AHN-BC is an Associate Professor Emerita at the West Virginia University School of Nursing, Charleston Division. She previously taught BSN, MSN and Doctoral nursing students and has been a holistic nurse for over twenty-five years. Peggy is a Family Nurse Practitioner and received her PhD in Nursing from the University of Miami, in Miami, Florida; her Masters in Nursing from the University of Rochester, Rochester, New York and her Bachelors of Nursing from Georgetown University in Washington, D.C. She was the AHNA 1999 Holistic Nurse of the Year and the same year was named the Outstanding Graduate Faculty by the West Virginia University School of Nursing. Peggy lives in Beckley, West Virginia and she has published numerous articles, chapters and books related to Holistic Nursing.

About AHNA

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This non-profit professional membership organization is the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services almost 4,500 members through 143 local chapters/networks in the U.S. and abroad.
Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

The American Holistic Nurses Association’s Education Provider Committee is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center Commission (ANCC) on Accreditation.

Provider approved by the California Board of Registered Nursing, Provider # 10442.

Peggy Burkhardt PhD, FNP, AHN-BC, AHNA President

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