August 17, 2015
FOR IMMEDIATE RELEASE

American Holistic Nurses Association to host Regional Conference in Fort Wayne, Indiana

The American Holistic Nurses Association will be holding a regional conference, entitled Holistic Self-Care: Your Secret Power for Enhancing Patient Care, from 9AM-5PM on Friday, September 25, 2015 in Fort Wayne, Indiana at the Grand Wayne Convention Center. Attendees will learn about self-care and why it is essential to personal thriving and quality patient care. The focus will be on the interrelationship of mind, body, spirit self-care for nurses and self-care practices that can be easily incorporated into daily life. The American Holistic Nurses Association’s Education Provider Committee is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center Commission (ANCC) on Accreditation.

About the Conference
The conference Keynote will be AHNA President, Carole Ann Drick PhD, RN, AHN-BC. Dr. Drick has been a member of AHNA for over 30 years and knows holism and self-care are vital components of wellness. Other presenters are Debrah L. Roemisch, speaking on Jin Shin Do-Bodymind Acupressure: Ancient Knowledge for Today’s Wellness Care; Deborah Shields, RN, PhD, CCRN, QTTT, AHN-BC, on Celebrating your Inner Light: Therapeutic Touch as a Healing Practice; Sarah Weaver, FNP-C, HN-BC, on Building a Culture of Self-Care; Tina Zion, RN, BA, on Medical Intuition & the Holistic Nurse; and Dr. Dave Johnson, PhD, CNS-BC, on Mental Health Nursing. The $70 registration fee includes lunch and 6 CNE's. To register for the Regional Conference visit www.ahna.org/cne. Hotel reservations can be made at ftwayne.hilton.com for September 24th with the code AHN for a discounted AHNA room rate.

About AHNA
At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This non-profit professional membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services almost 4,500 members through 143 local chapters/networks in the U.S. and abroad.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.
For additional information, contact:
KAYLEE FERGUSON
Communications@ahna.org
800-278-2462