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FOR IMMEDIATE RELEASE

American Holistic Nurses Association Names New Officers for 2015-2017 Term
The American Holistic Nurses Association has elected Cynthia Backer MAT, RN, BSN, MIH, to the AHNA Nominating Committee for the 2015-2017 term. She will be installed at the organization's 35th Annual Conference to be held in Branson, MO in June, 2015. In this position, she will help with candidate selection for next year’s elections.

About Cynthia Backer
Cynthia earned her Bachelor’s from St. Olaf College, a Master’s Art of Teaching at Lewis and Clarke College, and a Master’s of Integrative Health at National University. Her nursing career is long and varied with positions ranging from School Nurse Coordinator to Director of Public Health. She has also been a nursing instructor and education manager. Her professional specialties include integrative wellness education and energy healing. In 2004, she founded Purple Shoe Wellness to share her specialties. The small business she runs promotes wellness for adults and children through integrative wellness strategies.
Cynthia believes that solutions exist to solve current health concerns including inefficient health care and rising numbers of clients with diabetes. She believes that holistic nurses are essential to these solutions. “Holistic nursing is needed on all fronts, in all areas – old and new – to assist our clients, caregivers and us, in navigating through the challenges, as healthy and balanced as possible.”

About AHNA
At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This non-profit professional membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services almost 4,500 members through 143 local chapters/networks in the U.S. and abroad.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.
The American Holistic Nurses Association’s Education Provider Committee is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center Commission (ANCC) on Accreditation.

Provider approved by the California Board of Registered Nursing, Provider # 10442.

Cynthia Backer MAT, RN, BSN, MIH, AHNA Nominating Committee

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