American Holistic Nurses Association Recognizes Middlesex Hospital for 2015 Practice Grant Award

Middlesex Hospital, of Middletown, Connecticut was presented the 2015 Practice Grant: Implementing Institutional Self-Care Activities Award at the AHNA 35th annual conference in Branson, Missouri June 12-17, 2015. The Practice Grant provides financial support to initiate and integrate a self-care program for registered nurses and hospital staff within an institution. The intent is to assist institutions promote and encourage diverse models of holistic nursing activities focused on self-care, designed to provide nurses an opportunity to practice holistic nursing aimed at extending their self-care influence and practices to other nurses and/or patients and families.

About Middlesex Hospital
Middlesex Hospital was the first recipient of the AHNA Practice Grant. This grant will help fund their integration of Human Caring Science and Watson Caritas educational program for their nursing staff. Their goal for the integration process is to improve the holistic nursing culture so that nurses can feel more fulfilled in both their personal and professional lives as well as boost the patient care experience. Middlesex Hospital plans to develop practices that support the integration of Human Caring Science and educate nursing professionals to be Caritas Coaches so that they will be able to teach and model the Caritas processes as well as provide opportunities for other caring-healing practices for ongoing self-care as well as the transpersonal experience in nursing practices. They have plans to launch a pilot program that will demonstrate the Human Caring Science benefits for relationship-centered care in a healing environment for patients, nurses, and the healthcare system. In the future, they have plans to move the integration from a conceptual level to an operational level within their institutional practice settings.

About AHNA
At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This non-profit professional membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services almost 4,500 members through 143 local chapters/networks in the U.S. and abroad.
Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

The American Holistic Nurses Association’s Education Provider Committee is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center Commission (ANCC) on Accreditation.

Provider approved by the California Board of Registered Nursing, Provider # 10442.

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