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FOR IMMEDIATE RELEASE

American Holistic Nurses Association Recognizes Jane Flanagan for 2015 Research Grant Award

Jane Flanagan, PhD, CNP, of Chestnut Hill, Massachusetts was awarded the 2015 Research Grant at the AHNA 35th annual conference in Branson, Missouri June 12-17, 2015. The AHNA Research Grant is a competitive grant that awards up to $5,000 to members conducting holistic nursing research that demonstrates advancing holistic nursing practices.

About Jane
Jane Flanagan PhD, CNP, Associate Professor at Boston College, will use this grant to help fund her research project 'Bringing Yoga Home: Exploring the Use of a Web-based Yoga Intervention for Breast Cancer Survivors'. The project will have a breast cancer registered nurse practitioner develop an instructional yoga video specifically for breast cancer patients, stream the video online and review how the video is used and perceived by breast cancer survivors. The ultimate goal of the project is to determine whether increasing breast cancer patient's access to web-based, guided yoga will provide patients physical and psychological benefits, as well as a sense of connectedness to the institution and care providers after primary cancer treatment is completed.

About AHNA
At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This non-profit professional membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services almost 4,500 members through 143 local chapters/networks in the U.S. and abroad.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

The American Holistic Nurses Association’s Education Provider Committee is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center Commission (ANCC) on Accreditation.
Provider approved by the California Board of Registered Nursing, Provider # 10442.

For additional information, contact:
KAYLEE FERGUSON
Communications@ahna.org
800-278-2462