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FOR IMMEDIATE RELEASE

American Holistic Nurses Association Announces 2016 Keynote Speaker, Cassandra Vieten for Holistic Nurses Conference in Bonita Springs, FL

The American Holistic Nurses Association announces that Cassandra Vieten, PhD, will be the Keynote presenter at their 2016 annual conference in Bonita Springs, Florida. The event will take place May 31- June 5, 2016 at the Hyatt Regency Coconut Point Resort & Spa. The theme of the conference is Interconnectedness: The Soul of Holistic Nursing and the purpose is to further define and incorporate the concept of interconnectedness within holistic health care innovation, interventions and education.

Cassandra Vieten, PhD is President and CEO of the Institute of Noetic Sciences and a scientist at the Mind-Body Medicine Research Group at California Pacific Medical Center Research Institute. Funded by the National Institutes of Health, the State of California, and several private donors and foundations, her research has focused on spirituality and health; development and pilot testing of mindfulness-based approaches to cultivating emotional balance (primarily in the areas of addiction and pregnancy/postpartum well-being); and factors, experiences, and practices involved in psychospiritual transformation to a more meaningful, compassionate, and service-oriented way of life. Her primary interest lies in how psychology, biology, and spirituality interact to affect experience and behavior. Cassandra completed her pre- and post-doctoral research training at the University of California, San Francisco, working primarily on the biological and psychological underpinnings of addiction and alcoholism. She received her PhD in clinical psychology at the California Institute of Integral Studies, where her training focused on the integration of Eastern philosophy and spirituality into psychotherapy. She has authored books, chapters, and academic articles, as well as presenting at numerous international scientific conferences, trainings for colleagues and students, and workshops and events for the lay public. She is co-author of Living Deeply: The Art and Science of Transformation in Everyday Life (New Harbinger/Noetic Books 2008) and author of Mindful Motherhood: Practical Tools for Staying Sane During Pregnancy and Your Child’s First Year (New Harbinger/Noetic Books 2009).

About AHNA
At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This non-profit professional membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.
AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services almost 4,500 members through 143 local chapters/networks in the U.S. and abroad.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

The American Holistic Nurses Association’s Education Provider Committee is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center Commission (ANCC) on Accreditation.

Provider approved by the California Board of Registered Nursing, Provider # 10442.

Cassandra Vieten, PhD

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