April 27, 2016
FOR IMMEDIATE RELEASE

Marine-Based Therapies Continuing Education Course on to be offered at American Holistic Nurses Association Annual Conference in Bonita Springs, FL.

Valerie Cooksley, RN, OCN, FAAIM, CERT, co-founder and director of the Institute of Integrative Aromatherapy in Houston will be holding a continuing education course on hydrotherapy and integrating the healing properties of the ocean into treatments at the 36th Annual American Holistic Nurses Association Conference in Bonita Springs, FL. Cooksley will focus on the properties of water, seaweed, clay and mineral salts as natural treatments for health and how to recognize the benefits of being in and around the Earth’s oceans.

Cooksley’s presentation is a half-day Wednesday, June 1st (6), pre-conference workshop offered for 3.5 contact nursing education hours at a price of $140.00. It will be held at the Hyatt Regency Coconut Point Resort & Spa in Bonita Springs. To learn more about attending this presentation and other sessions, please visit our website at www.ahna.org/register.

AHNA’s Education Provider Committee is accredited as a provider of continuing nursing education by the American Credentialing Center’s COA and Provider Approved by the California Board of Registered Nursing, Provider #10442

About Valerie Cooksley

Valerie Cooksley is a holistic nurse, clinical aromatherapist, health educator and acclaimed author who has passionately studied natural medicine for more than twenty five years. She is credited with publishing eight natural health books including the bestselling Aromatherapy: Soothing Remedies to Restore, Rejuvenate and Heal/Prentice Hall. Cooksley is a feature writer and editorial advisory board member for Massage Magazine, a frequent contributor to aromatherapy and natural health publications, co-author of several natural health books and a distinguished national lecturer in essential oil therapy, holistic nursing and the natural healing arts.

Cooksley holds six aromatherapy certifications including The International Program in Essential Oils/Advanced Studies at Purdue University in addition to education in Botanical Medicine at Bastyr University, and Advanced Medical Training in Endobiogenic Concept originating in France. In addition to her extensive holistic background, Cooksley’s clinical experience in nursing specialized in Infectious Diseases, Oncology, and Public Health. Cooksley has instructed for both the American Red Cross and the American Cancer Society and is certified in emergency response and triage in catastrophic disasters as a FEMA Community Emergency Response Team member for the greater Houston area.

She is a Certified Therapeutic Lifestyle Educator and holds a certification in Raw Food Nutrition Science. Cooksley is Co-founder and Director of the Institute of Integrative Aromatherapy in Houston, President of Flora Medica Wellness Company, Regional Network Director for the American Holistic Nurses Association and Founder of the Houston Holistic Network. She is Advisory Board member of the Aromatherapy Registration Council and the National Association for Holistic Aromatherapy Educational Committee, and Fellow of The American Association of Integrative Medicine.
About AHNA
At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This professional specialty nursing membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and integrative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services almost 4,500 members through 143 local chapters/networks in the U.S. and abroad.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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