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FOR IMMEDIATE RELEASE

American Holistic Nurses Association Celebrating National Nurses Week

The American Holistic Nurses Association (AHNA) is celebrating Florence Nightingale’s birthday and the end of National Nurses Week this year from its new location at 2900 SW Plass Ct, Topeka, KS, 66611. We encourage anyone interested in the realm of Holistic Nursing or healing to join us on Thursday, March 12th for the Nightingale moment and the blessing of our new building. President-elect, Lourdes Lorenz, DHA-abd,MSN-IH, RN, AHN-BC, NEA-BC will be present for the blessing and available to take questions.

About the Nightingale Moment

The Nightingale Moment at noon is a call to nurses around the world to pause to honor and celebrate the memory of Florence Nightingale and her legacy in modern nursing with a one minute pause. The moment also serves to acknowledge the interconnections and oneness of nurses in the personal, political, social, and scientific domains, honor the strength and wisdom of all nurses and to reinvigorate nurses through a reflection of the importance of nursing.

About Lourdes Lorenz

Lourdes Lorenz, DHA-abd, MSN-IH, RN, AHN-BC, NEA-BC, is the current President-Elect for AHNA and VP Healthy Living Leader for Mosaic Life Care Journey in Park City, Missouri. Lorenz will serve as AHNA’s President-Elect through June 2017 before serving as President until June 2019. She earned both her Bachelor’s and Master’s degrees, and is a doctoral candidate in Health Care Administration at the University of Phoenix. She currently serves on the American Holistic Nurses Credentialing Corporation’s Advisory Committee and is a member of the American Integrative Holistic Medicine Academy Board Membership Committee/Fundraising Committee.

Lorenz was the CEO for the International Integrative Health Institute (IIHI), a consulting service that helps bring hospital administrators, medical professionals, nurses, CAM practitioners and the community together to share information and solutions to patient needs.

Prior to working at the IIHI, she created and implemented an Integrative Health department that provided holistic nursing inpatient and outpatient services at a large Level I Trauma hospital in Asheville, North Carolina. An RN of 32 years, she has extensive experience in critical care and healthcare administration. She is board certified as an Advanced Holistic Nurse, Advanced Nurse Executive and is a Healing Touch apprentice.
Lorenz is a national speaker promoting holistic nursing, Integrative Health and evidence-based complementary modalities. She has provided presentations at the national meetings for the American Holistic Nurses Association, Oncology Nursing Society Congress, American Society of Clinical Hypnotherapy and at the Healing Touch Worldwide Program.

In September 2011, she was appointed to represent the AHNA at the American Nurses Association Congress on Nursing Practice and Economics and co-authored the position paper on *The Value of Care Coordination.*

Lourdes Lorenz, DHA-abd, MSN-IH, RN, AHN-BC, NEA-BC and President-Elect of AHNA

**About AHNA**

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This non-profit professional membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services almost 4,500 members through 143 local chapters/networks in the U.S. and abroad.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

**For additional information, contact:**

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