October 4, 2016
FOR IMMEDIATE RELEASE

American Holistic Nurses Association to Host Regional Conference in Mesa, Arizona

The American Holistic Nurses Association will be holding a regional conference, entitled Holistic Self-Care: Your Secret Power for Enhancing Patient Care, from 9AM-5PM on Friday, November, 4, 2016 in Mesa, Arizona at the Mesa Convention Center. Attendees will learn about self-care and why it is essential to personal thriving and quality patient care. The focus will be on the interrelationship of mind, body, spirit self-care for nurses and self-care practices that can be easily incorporated into daily life.

About the Conference

The conference Keynote will be AHNA President, Carole Ann Drick PhD, RN, AHN-BC. Dr. Drick has been a member of AHNA for over 30 years and knows holism and self-care are vital components of wellness. Other presenters include Pati Jablonski, MSN, RN, AHN-BC, CNM, HTP, Mary A. Herring, MSN ,BSN, RN, Lanie Smith, MPS, ATR, Raymond Sol, MS, Ed and Jen Reich, PhD, MA, RN, NC-BC. The $75 registration fee includes lunch and 6 CNE's. To register for the Regional Conference visit www.ahna.org/cne. Go to http://www.phoenixmarriottmesa.com/ to book a room overnight at the discounted AHNA price of $114.

About AHNA

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This professional specialty nursing membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and integrative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services almost 4,500 members with more than 130 local chapters/networks in the U.S. and abroad.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.
The American Holistic Nurses Association’s Education Provider Committee is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center Commission (ANCC) on Accreditation.

For additional information, contact:
Jacob Wingard
Communications@ahna.org
800-278-2462