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FOR IMMEDIATE RELEASE

American Holistic Nurses Association Announces 2017 Plenary Speaker, Christine M. Hopkins, APN, FNP-BC, MSN for Holistic Nurses Conference in Rancho Mirage, CA

The American Holistic Nurses Association announces that the Hazelden Betty Ford Foundation is sponsoring Christine M. Hopkins, APN, FNP-BC, MSN, as the plenary presenter at their 2017 annual conference in Rancho Mirage, California. The conference will take place June 5- June 10, 2017 at the Westin Mission Hill Golf Resort & Spa and Ms. Hopkins’s presentation, “Understanding the Complex Diagnosis and Needs of People Living with Substance Abuse Disorders,” is on Friday, June 9th at 10:30 am through 11:30 am.

About Christine M. Hopkins, APN, FNP-BC, MSN
Christine M. Hopkins, APN, FNP-BC, MSN is board certified through the American Nurses Credentialing Center as a Family Nurse Practitioner. Prior to joining the Hazelden Betty Ford Foundation in May 2017, Christine worked in a wide range of settings, with clinical experience in Level I trauma centers and post-acute rehabilitation facilities in the Chicago area. Her clinical practice has allowed her to focus on peri-anesthesia care, acute and chronic pain management, and spine injuries, as well as chronic medical conditions and debilities. She has collaborated with providers, managing malignant and non-malignant pain, physical addiction and pseudo-addiction to prescription medications, weaning from medications in the outpatient setting, physical rehab and comprehensive medical care.

Christine’s understanding of a holistic and integrated approach combining medical and psycho-social content allows her to comprehensively address all aspects of the patient’s care. She regards the utilization of a multidisciplinary team approach as the most successful dynamic, creating a cornerstone between herself, her patients and the collaborating team. She has been a practicing RN since 1988, receiving her BSN from Elmhurst College in Illinois, and has been Practicing as a family nurse practitioner since graduating with her MSN from Northern Illinois University in 2007.

About Hazelden Betty Ford Foundation
Now world-renown, the Hazelden treatment center got its start in the 1940s when a small group of businessmen from the Twin Cities secured a scenic farm on the banks of South Center Lake near Center City, Minnesota. The secluded residence was envisioned as a place where professional men—"gentlemen" in the parlance of the day—could get away for a spell to address the problem that was destroying their lives: alcoholism. Care in those earliest days was based on the fairly new and revolutionary Twelve Step principles and practices, as well as a deep and abiding respect for the dignity of each man seeking help at Hazelden.

In 1982, Betty Ford opened the door to recovery even wider when she co-founded the nonprofit Betty Ford Center in Rancho Mirage, California, modeling the clinic after Hazelden. She became
an outspoken advocate for treatment, raising awareness about the disease of addiction and the potential for recovery. The two organizations joined together in 2014, increasing the strength of both programs and expanding to cover all forms of chemical dependency, whether drug or alcohol related.

About AHNA
At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission, the advancement of holistic healthcare by increasing awareness and promoting education, as well as personal community-building among nurses, other healthcare professionals and the public. This non-profit professional membership organization is becoming the definitive voice of holistic nursing for holistic nurses and other healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the mind, body and spiritual health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of holistic healthcare professionals. AHNA currently services almost 4,500 members through 130 local chapters/networks in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with a defined scope and standards of practice.

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