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FOR IMMEDIATE RELEASE

American Holistic Nurses Association Recognizes Catherine Szal, RN as Recipient of Bea Alley Commemorative Scholarship Award

Catherine Szal, RN, of Wilmington, DE was awarded the 2017 Bea Alley Commemorative Scholarship at the AHNA 37th annual conference in Rancho Mirage, California on June 5 – June 10th, 2017. This scholarship was named in honor of lifetime AHNA member, Bea Alley, an early leader in holistic nursing, and is intended to keep her memory alive. The scholarship allows students to take part in the wonderful opportunities at conference so that they may expand their holistic education.

About Catherine

Catherine Szal, RN, is currently enrolled in the RN to BSN degree program at Chamberlain School of Nursing in Downers Grove, Illinois. Catherine, also known as Cat, is a committed healthcare provider. She has worked from medical assistant to nurses’ aide, Registered Nurse and now is completing her Bachelor’s in Nursing degree with plans to then complete a Master’s degree. Two years ago, a serious car accident set Cat’s promising future on hold, but during her extensive healing journey, Cat gained an even greater appreciation for life and nursing. Cat is looking forward to surrounding herself with the inspirational setting of like-minded colleagues, enhanced learning opportunities and relaxing self-care that will allow her the time to reflect.

About AHNA

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This professional specialty nursing membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and integrative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.
AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services approximately 4,500 members through 130 local chapters/networks in the U.S. and abroad.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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