THYMOS – Enhancing Life Energy and Stimulating the Will to be Well featured at Holistic Nurses Conference

The American Holistic Nurses Association will be hosting a presentation entitled “THYMOS – Enhancing Life Energy and Stimulating the Will to be Well,” on Monday, June 5, 2017 from 8 am to 11:45 am in Rancho Mirage, CA at its 37th annual conference. The educational workshop and lecture is aimed at helping others Discover the impact of language, beliefs and stress through an in-depth exploration of the Thymus gland and insightful connection with the herb Thymus vulgaris. The workshop will include innovative practices that build resilience and promote a high-thymus attitude.

Valerie Cooksley, RN, OCN, FAAIM, CERT, will be the workshop speaker for the event. She is an esteemed author and internationally certified clinical aroma therapist and has authored eight books on the subject of aromatherapy and natural healing and has been featured in numerous natural health publications. As part of her decades of holistic healthcare experience, she has also instructed for both the American Red Cross and the American Cancer Society. In addition, she is certified in emergency response and triage in catastrophic disasters in her role as a FEMA Community Emergency Response Team Member for the greater Houston area.

Cooksley’s presentation is a half-day Monday, June 5th (E02), pre-conference workshop offered for 6 contact nursing education hours at a price of $155.00. It will be held at the Westin Mission Hills Golf Resort and Spa in Rancho Mirage. To learn more about attending this presentation and other sessions, please visit our website at www.ahna.org/annualconference.

AHNA’s Education Provider Committee is accredited as a provider of continuing nursing education by the American Credentialing Center’s COA. Provider Approved by the California Board of Registered Nursing, Provider #10442.

About AHNA
At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This professional specialty nursing membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and integrative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.
AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services almost 4,500 members through 130 local chapters/networks in the U.S. and abroad.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

To learn more, please visit www.ahna.org

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