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FOR IMMEDIATE RELEASE

**Discover Effective Energy Interventions for Body-Mind-Spirit Health and Healing You Can Use Today for You and Your Patients: An In-Depth Experience in Energy Healing through the 7-Step Healing Touch Sequence Approach Workshop Featured at Holistic Nursing Conference**

A 3.5 CNE program focusing on effective energy interventions on Monday, June 5, 2017 from 1:30 pm to 5:15 pm in Rancho Mirage, California at AHNA’s 37th annual conference. Participants will learn about Holistic Wellness and the balance of body-mind-spirit health and healing. During this experiential workshop, you will discover the 7-Step Healing Touch Sequence that you can apply immediately. Healing Touch is evidence based, and HTP is the only program which offers you both national accredited educational program content and an accredited practitioner credential in energy healing.

Dr. Cynthia Hutchison, DNSc, MSN, BSN, is the Director of the Healing Touch Program™ and a long time avid student of spirituality and energy medicine; she is a doctorally-prepared nurse from Catholic University of America in Washington, D.C. (1987). Cynthia earned a master's degree as a clinical specialist in mental health nursing, and has a private practice in Healing Touch. In 1995, Cynthia became the first Director of Research for HTP. She was mentored by Janet Mentgen (founder of HT) in 2003 to serve as Janet's successor as the Program Director. Teaching internationally and nationally, she brings much enthusiasm, empowerment and creativity to her Healing Touch classes.

Hutchison’s presentation is half-day Monday, June 5th (E05), pre-conference workshop offered for 3.5 contact nursing education hours at a price of $155.00. It will be held at the Westin Mission Hills Golf Resort and Spa in Rancho Mirage. To learn more about attending this presentation and other sessions, please visit our website at www.ahna.org/annualconference. AHNA’s Education Provider Committee is accredited as a provider of continuing nursing education by the American Credentialing Center’s COA. Provider Approves by the California Board of Registered Nursing, Provider #10442.

**About AHNA**
At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This professional specialty nursing membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and integrative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services almost 4,500 members through 130 local chapters/networks in the U.S. and abroad.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

To learn more, please visit www.ahna.org

Dr. Cynthia Hutchison, DNSc, MSN, BSN

For Additional information contact:

Jacob Wingard
communications@ahna.org
800-278-2462