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FOR IMMEDIATE RELEASE

American Holistic Nurses’ Association Elects Elizabeth Scala as Board Member-at-Large

The American Holistic Nurses Association has elected Elizabeth Scala MSN/ MBA, RN, as a Board Member–at-Large for the 2017-2019 term. She will be installed at the organization’s 37th Annual Conference held in Rancho Mirage, CA in June 2017. Her responsibilities will include acting on and cultivating leadership in committees assigned by the President and acting as a liaison between the Association and other organizations.

About Elizabeth Scala
Elizabeth Scala earned a Bachelors in Psychology and a Bachelors in Nursing from the University of Delaware and an MSN/MBA from Johns Hopkins University. She is currently the Research Program Coordinator for The Johns Hopkins Hospital. Elizabeth is a Board Certified Holistic Health Practitioner, Reiki Master, Health Coach, keynote speaker, and bestselling author. She is the founder of The Art of Nursing, owner of Nursing from Within™ and most recently, hosts podcasts for Your Next Shift and RNFMRadio.

Elizabeth is a member of AHNA and is the Nurse Entrepreneur Chapter Leader; she has spoken at several chapter meetings across the mid-Atlantic region. Her most recent speaking engagement was as the Keynote Speaker at the Clinical Nurse Leader Association Conference in Charlotte, North Carolina (September 2016) and most recent publication was ‘Stop Nurse Burnout’. Elizabeth has published several books and is currently a contributor to several Holistic Health articles, newsletters and for Scrubs Magazine. Elizabeth also contributes monthly to www.nursetogether.com and is a monthly blog writer for several websites including https://onlinenursepractitionerprograms.com/, https://www.healthecareers.com/, and https://staffgarden.com/.

About AHNA

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This professional specialty nursing membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic
nursing focuses on integrating traditional, complementary and integrative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services almost 4,500 members through 143 local chapters/networks in the U.S. and abroad.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

To learn more, please visit www.ahna.org

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