American Holistic Nurses Association Recognizes Christine Eaches RN-BC HW-NC, as the Holistic Nursing Rising Star

Christine Eaches RN-BC, HW-NC, of Huntington Station, New York was awarded the 2017 Holistic Nursing Rising Star Award at the AHNA 37th annual conference in Rancho Mirage, California June 5-June 10th, 2017. This award recognizes a new nurse who dedicates themselves to a holistic path and applies creative holistic practices and epitomizes holism in their personal and professional lives.

About Christine

Christine Eaches RN-BC, HW-NC is a full-time registered nurse in the Cardiac Care Unit at Huntington Hospital, and she also assists in leading the Holistic Nursing Council. This council re-educates the nurses and ancillary staff about the holistic services that the hospital currently has available, such as aromatherapy and the “M-technique”, that are not yet widely implemented. Christine was influential in initiating the Support Our Staff Team (SOS) and the Patient Education Sheets. The SOS visits various nursing units monthly to provide self-care activities like Reiki and massage therapy to the staff. SOS also has the Patient Education Sheets that provide information on six essential oils that are widely used in the hospital and explains clinical aromatherapy as well as specific meditation/relaxation exercises to go with the selected oils, which has created a 50% increase in services documented over the last year.

About AHNA

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This professional specialty nursing membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and integrative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.
AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services almost 4,500 members through 130 local chapters/networks in the U.S. and abroad.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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