American Holistic Nurses Association Recognizes Margaret Erickson, Helen Erickson, Mary Brekke, Mary Natschke, Kay Sandor and Mary Elaine Southard with the 2017 Journal of Holistic Nursing Writing Award for Practice

The AHNA awarded its prestigious JHN Writing Award for Practice to Helen Erickson, PhD, RN, AHN-BC, FAAN and Margaret Erickson PhD, RN, CNS, APHN-BC of Cedar Park, Texas, Mary Elaine Southard, DNP, RN, HWNC, APHN-BC of Scranton, Pennsylvania, Mary E. Brekke, PhD, RN, AHN-BC of St. Paul, Minnesota, Kay Sandor, PhD, RN, AHN-BC of Galveston, Texas and Mary Natschke, RN, BAS, HNB-BC, IAC of Detroit, Michigan at the 37th annual conference in Rancho Mirage, June 5 - 10, 2017. The purpose of the Journal of Holistic Nursing Writing Award for Practice is to recognize excellence in writing and its contribution to advancing the scholarship of holistic nursing of practice.

Their article, “A Proactive Innovation for Health Care Transformation, Health and Wellness Coaching,” provided a detailed account of the American Holistic Nurses Credentialing Corporation’s perspective of the development of the Health and Wellness Nurse Coach role within the nursing profession.

About Helen Erickson

Helen Ericson, PhD, RN, AHN-BC, FAAN is a holistic nursing practitioner and educator who has promoted Holistic Nursing throughout her nursing career. She became internationally known for authoring the Modeling and Role-Modeling Theory (MRM) of Nursing, and she has been instrumental in developing and promoting certification in Holistic Nursing and continues to be a strong advocate for Holistic Nursing Certification. Since 1981, Dr. Erickson has served as a consultant at least twenty times including assisting with the implementation of nursing theory within a surgical unit at the University of Michigan, curriculum consultation at the FOO Yin College of Nursing and Medical Technology in Kaohsiung, Taiwan, and consulting with faculty at Metropolitan State University School of Nursing. Today, Helen continues to be a strong advocate for Holistic Nursing Certification. She gives her time on special task forces within the American Holistic Nurses Association and the American Holistic Nursing Certification Corporation.

About Margaret Erickson
Margaret Erickson PhD, RN, CNS, APHN-BC has been the CEO of the American Holistic Nurses Credentialing Corporation since May 2000. She has practiced holistic nursing for 38 years in various settings, including Adult Health, ICU, Newborn Nursery, Labor and Delivery, Mental Health, Discharge Planning, Case Management, and has taught holistic nursing at the University of Texas at Austin and Tennessee State University.

About Mary Brekke

Mary Brekke PhD, RN, CHTP, AHN-BC is Professor Emerita from Metropolitan State University in St. Paul, MN, where she taught graduate and undergraduate courses in holistic nursing, integrative care, health policy and ethics. She served on the Healing Touch International Certification Board and chaired their Ethics Committee for seven years. In 2006, she chaired the AHNA/AHMA joint conference and has served on the AHNCC Board for more than 10 years.

About Mary Natschke

Mary Natschke RN, BAS, HNB-BC, IAC was AHNCC’s first board member to represent the BSN certificants and is an Integrative Practice RN at St. John Hospital and Medical Center in Detroit, and was the AHNA Holistic Nurse of the Year in 2007. She is certified in Clinical Integrative Aromatherapy and has expertise in many health and healing practices such as Reiki, reflexology, yoga and meditation. She served as a faculty advisor for The BirchTree Center for Healthcare Transformation and has been instrumental in opening three integrative medicine centers in the St. John Providence Health System in Detroit, Mich.

About Kay Sandor

Kay Sandor, PhD, RN, LPC, AHN-BC was a professor at the University of Texas Medical Branch, School of Nursing in Galveston and taught primarily in the graduate nursing program. Six years ago, she completed a Fulbright Award teaching community and transcultural nursing in Hungary. Her interests also include transcultural nursing issues, global and international health, spirituality, and end-of-life care. A licensed professional counselor and nurse psychotherapist, she specializes in the areas of grief, loss and working with people who are actively dying.

About Mary Elaine Southard

Mary Elaine Southard, DNP, RN, HWNC, APHN-BC, has been a national and international leader, educator and author in integrative health and nurse coaching. Her career experience includes 40 years in diverse health care settings, from population health management to primary care. She has served as Treasurer of the AHNCC Board of Directors and Chair of the Marketing, Finance and Advisory Committees and is currently a member of the AHNCC/AHNA Consensus Model Task Force. Her research focuses on using the Omaha System in Nurse Coaching as a key to practice, documentation and
information management. She is an Associate Professor for Graduate Nursing at the College of New Rochelle and has a private integrative practice in Scranton, PA.

About AHNA
At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community building among nurses, other healthcare professionals and the public. This professional specialty nursing membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and integrative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services over 4,500 members through 130 local chapters/networks in the U.S. and abroad.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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