American Holistic Nurses Association Promotes Holistic Self-Care for Nurses through One-Day Regional Conference in Edmond, OK

The American Holistic Nurses Association will hold a regional conference entitled *Holistic Self-Care: Your Secret Power for Enhancing Patient Care* on Friday, November 10, 2017 in Edmond, OK at the Edmond Community Center. Attendees will gain new self-care skills they can use at home or work including: aromatherapy, healing touch, mindfulness, resilience and more.

About the Conference

The conference meets from 9AM to 5PM. The Keynote speaker will be AHNA Board of Director Member-at-Large Deborah Shields, PhD, RN, CCRN, QTIT, AHN-BC. Shields began her nursing career as an LPN and earned her PhD in Interdisciplinary Studies with a focus in Holistic Nursing at Union Institute & University in Cincinnati. She is an Associate Professor of Nursing at Capital University, a staff nurse at Doctors Hospital OhioHealth in perioperative care, and has a private practice as a Therapeutic Touch Therapist and teacher.

She has been involved with AHNA since the early 80’s where she has had the opportunity to serve in many roles. Currently she is a member of the AHNA Education team, a Nurse Planner, the AHNA representative to the AHNCC Consensus Model Task Force and a member of the NANDA-I Task Force.

The $75 registration fee for the one-day conference includes lunch and 6 CNEs. Registration fees will increase to $90 after September 1st. To register for conference, visit [http://www.ahna.org/Shop/Specialty-CNE](http://www.ahna.org/Shop/Specialty-CNE)

About AHNA

Founded in 1981, American Holistic Nurses Association’s (AHNA) primary mission has been the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This non-profit professional membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and integrative
treatment approaches to improve the physical, mental, emotional and relational health of the whole person.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to support a vibrant and expanding universe of healthcare professionals. AHNA serves 4,500+ members and over 120 chapters across the U.S. and abroad.

The American Holistic Nurses Association’s Education Provider Committee is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center Commission (ANCC) on Accreditation.

Provider approved by the California Board of Registered Nursing, Provider # 10442.

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