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FOR IMMEDIATE RELEASE

American Holistic Nurses Association Promotes Holistic Self-Care for Nurses through One-Day Regional Conference in Madison, CT

On May 12, 2017 the American Holistic Nurses Association will hold a regional conference entitled *Holistic Self-Care: Your Secret Power for Enhancing Patient Care* on Friday, May 12, 2017 in Madison, CT at the Mercy by the Sea Retreat Center. Attendees will gain new self-care skills they can use at home or work including: aromatherapy, healing touch, mindfulness, tai chi and drumming.

About the Conference

The conference meets from 9AM to 5PM. The Keynote will be AHNA Treasurer, Barry Gallison DNP, MS, APRN-BC, NEA-BC, CPHQ, AHN-BC, a certified holistic nurse leader with 20 years of experience in clinical and nursing operations, quality management, and performance improvement.

Barry started his nursing career in 1995 as a staff nurse in Vascular and General Surgery. His many roles have ranged from Senior Staff Nurse, Geriatric Nurse Practitioner, Patient Care Director, and Director of Nursing Quality and Improvement Initiatives. Currently, he acts as the Regional Director of Clinical Quality Services at Broward Health Imperial Point in Fort Lauderdale, Florida.

Barry obtained his Doctor of Nursing Practice from Stony Brook University in May 2012, where he completed his research on Acute Care Nurses Spiritual Care Practices. His research can be found in the 2013 Journal of Holistic Nursing, 31(2) issue. He holds an adjunct faculty position at The BirchTree Center for Healthcare Transformation, where he advises in the Integrative Healing Arts Program.

The $75 registration fee for the one-day conference includes lunch and 6 CNEs. Registration fees will increase to $90 after May 5th. To register for this conference, visit [http://www.ahna.org/Shop/Specialty-CNE](http://www.ahna.org/Shop/Specialty-CNE)

About AHNA

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting
education as well as personal community-building among nurses, other healthcare professionals and the public. This non-profit professional membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA serves 4,500+ members and over 140 chapters across the U.S. and abroad.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with a defined scope and standards of practice.

The American Holistic Nurses Association’s Education Provider Committee is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center Commission (ANCC) on Accreditation.

Provider approved by the California Board of Registered Nursing, Provider # 10442.

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