American Holistic Nurses Association
Promotes Holistic Self-Care for Nurses through
One-Day Regional Conference in Rochester, MN

On September 8, 2017 the American Holistic Nurses Association will hold a regional conference entitled *Holistic Self-Care: Your Secret Power for Enhancing Patient Care* on Friday, September 8, 2017 in Rochester, MN at the Assissi Heights Spirituality Center. Attendees will gain new self-care skills they can use at home or work including: aromatherapy, healing touch, mindfulness, resilience and more.

About the Conference

The conference meets from 9AM to 5PM. The Keynote speaker will be AHNA President-Elect, Lourdes Lorenz DHA-abd, MSN-IH, RN, AHN-BC, NEA-BC. Lorenz earned both her Bachelor’s and Master’s degrees, and is a doctoral candidate in Health Care Administration at the University of Phoenix. She currently works as the CEO for the International Integrative Health Institute (IIHI), a consulting service that helps bring hospital administrators, medical professionals, nurses, CAM practitioners and the community together to share information and solutions to patient needs. She has been an RN for more than 32 years and has extensive experience in critical care and healthcare administration. She is board certified as an Advanced Holistic Nurse and an Advanced Nurse Executive, and is a Healing Touch apprentice. Lourdes has provided presentations at the national meetings for the American Holistic Nurses Association, Oncology Nursing Society Congress, American Society of Clinical Hypnotherapy, and at the Healing Touch Worldwide Program.

The $75 registration fee for the one-day conference includes lunch and 6 CNEs. Registration fees will increase to $90 after September 1st. To register for conference, visit [http://www.ahna.org/Shop/Specialty-CNE](http://www.ahna.org/Shop/Specialty-CNE)

About AHNA

Founded in 1981, American Holistic Nurses Association’s (AHNA) primary mission has been the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This non-profit professional membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and integrative
treatment approaches to improve the physical, mental, emotional and relational health of the whole person.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to support a vibrant and expanding universe of healthcare professionals. AHNA serves 4,500+ members and over 140 chapters across the U.S. and abroad.

The American Holistic Nurses Association’s Education Provider Committee is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center Commission (ANCC) on Accreditation.

Provider approved by the California Board of Registered Nursing, Provider # 10442.

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