February 9, 2018
FOR IMMEDIATE RELEASE

American Holistic Nurses Association Promotes Holistic Self-Care for Nurses through One-Day Regional Conference in Crestwood, KY

On September 14, 2018, the American Holistic Nurses Association will hold a regional conference entitled Holistic Self-Care: Your Secret Power for Enhancing Patient Care in Crestwood, KY at the Kavanaugh Conference & Retreat Center. Nurses will gain new self-care skills they can use at home or work.

About the Conference

This one-day conference offers the chance to network with local holistic nurses, share self-care skills and receive 6 continuing nursing education contact hours. Attendees will discover applicable self-care skills.

Conference starts at 9AM and runs until 5 PM. Registration costs $90 and includes lunch and 6 CNEs. Fees increase to $105 after Friday, October 5. To register for the conference, visit http://www.ahna.org/Regionals

About the Keynote Speaker

The Keynote speaker will be AHNA Board Member-at-Large Margaret O'Brien King, PhD, RNBC, AHN-BC, CNL. Maggie is currently Professor Emeritus and former Associate Director of the Undergraduate Program, School of Nursing at Xavier University, Cincinnati, OH where she has been a faculty member for the past 27 years. She was responsible for the development of a nursing curriculum incorporating the Scope and Standards of Holistic Nursing. It was largely through her work that the School of Nursing was recognized as one of two initial schools providing a nursing curriculum that would permit students to obtain Holistic Nurse Certification through the American Nurses Certification Committee upon completion of their nursing program. This distinction remains in place to this day.
Maggie has been a Sharing Circle Facilitator at the AHNA Annual Convention for many years and in 2014 served as the Co-Lead Facilitator for the conference. She has presented several workshops and posters and has served on the Awards Committee for the past three years. She has been the Co-chair of the Consortium of Nurse Educators and is presently a member of the Education Committee writing continuing education questions for a select article every Beginnings issue. Having published and reviewed numerous manuscripts related to holistic nursing, leadership, gerontology and education, she was appointed an Associate Editor for the Journal of Holistic Nursing. She frequently addresses nurses encouraging them to follow in Florence Nightingale’s footsteps.

About AHNA

The American Holistic Nurses Association (AHNA) is a non-profit specialty nursing professional membership organization that serves as the definitive voice for registered nurses who practice holistic nursing.

Founded in 1981, AHNA’s primary mission is to advance holistic nursing through Practice, Community building, Advocacy, Research and Education. The association is dedicated to the continued development of evidence-based holistic research, self-care methods for nurses and non-pharmalogical pain management. AHNA offers networking opportunities to its members along with continuing nursing education through webinars, self-study programs, publications, conferences, and scholarship and grant opportunities.

AHNA currently services more than 5,000 members through 146 local chapters in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

Provider approved by the California Board of Registered Nursing, Provider # 10442.

For additional information, contact:
JACOB WINGARD
Communications@ahna.org
800-278-2462