American Holistic Nurses Association Promotes Holistic Self-Care for Nurses through One-Day Regional Conference in Jacksonville, FL

On May 11, 2018 the American Holistic Nurses Association will hold a regional conference entitled Holistic Self-Care: Your Secret Power for Enhancing Patient Care in Jacksonville, FL at the North Florida University Herbert Center. Nurses will gain new self-care skills they can use at home or work.

About the Conference

This one-day conference offers the chance to network with local holistic nurses, share self-care skills and receive 6 continuing nursing education contact hours. Attendees will discover applicable self-care skills.

Conference starts at 9AM and runs until 5 PM. Registration costs $90 and includes lunch and 6 CNEs. Fees increase to $105 after Friday, May 4. To register for the conference, visit http://www.ahna.org/Regionals

About the Keynote Speaker

The Keynote speaker will be AHNA Treasurer, Colleen Delaney, PhD, RN, AHN-BC. Colleen earned her BSN, MS in Community Health Nursing, PhD in Nursing and Postdoctoral Fellowship all from the University of Connecticut. Colleen has been an Associate Professor at the University of Connecticut since 2007 and is the founding director of the Graduate Holistic Nursing Certificate Program and Director of the RN-MS Program. She currently teaches Public Health Nursing in the undergraduate program and Nursing Research in the graduate program. Prior to her work with the University of Connecticut, Colleen was the Cardiac Coordinator at both the Omni Home Health Services, Inc., and VNA Health Care Inc. and was a tenured Associate Professor at Western Connecticut State University. She has also been a Visiting Nurse at Bristol VNA and the Hartford Hospital in Hartford, Connecticut.
Over the last 10 years, Colleen has received three national grants as a Principal Investigator, an NIH grant as a Co-Investigator and eight intramural grants as a Principal Investigator. Most recently, she is the principal investigator for a PCORI grant that AHNA is a partner on and is currently in the approval phase. Colleen has over 40 publications in well-respected, high impact journals. She is the lead author of the chapter “Holistic Nursing Research: Challenges and Opportunities” in the latest edition of the Holistic Nursing Handbook and contributing author to the current edition of Scope and Standards and she is also an Associate Editor of the Journal of Holistic Nursing.

About AHNA

The American Holistic Nurses Association (AHNA) is a non-profit specialty nursing professional membership organization that serves as the definitive voice for registered nurses who practice holistic nursing.

Founded in 1981, AHNA’s primary mission is to advance holistic nursing through Practice, Community building, Advocacy, Research and Education. The association is dedicated to the continued development of evidence-based holistic research, self-care methods for nurses and non-pharmalogical pain management. AHNA offers networking opportunities to its members along with continuing nursing education through webinars, self-study programs, publications, conferences, and scholarship and grant opportunities.

AHNA currently services more than 5,000 members through 146 local chapters in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

Provider approved by the California Board of Registered Nursing, Provider # 10442.

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