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FOR IMMEDIATE RELEASE

American Holistic Nurses Association Promotes Holistic Self-Care for Nurses through One-Day Regional Conference in Poulsbo, WA

On March 23, 2018 the American Holistic Nurses Association will hold a regional conference entitled Holistic Self-Care: Your Secret Power for Enhancing Patient Care in Poulsbo, WA at the Kiana Lodge. Nurses will gain new self-care skills they can use at home or work including: aromatherapy, energy healing, movement, resilience and more.

About the Conference

This one-day conference offers the chance to network with local holistic nurses, share self-care skills and receive 6 continuing nursing education contact hours. Attendees will discover applicable self-care skills including:

* The Power & Pleasure of Essential Oils
* Mindfulness & Compassion for Self-Care
* Energy Healing as a Self-Care Practice
* Movement for Better Balance, Energy & Well-Being
* Joy in the Journey

Conference starts at 9AM and runs until 5 PM. Registration costs $90 and includes lunch and 6 CNEs. Fees increase to $105 after Friday, March 16th. To register for the conference, visit http://www.ahna.org/Regionals

About the Keynote Speaker

The Keynote speaker will be AHNA President-Elect Barry Gallison DNP, MS, APRN-BC, NEA-BC, CPHQ, AHN-BC. Barry earned his BSN from Point Loma Nazarene University, MS in Nursing: Gerontological Nurse Practitioner from Hunter College, MS in Science: Public Administration from New York University and DNP in Nursing Practice from State University of New York: Stony Brook.

He is a certified holistic nurse leader with over 20 years of experience in clinical and nursing operations, quality management and performance improvement. He started his nursing career in
1995 in San Diego, California as a staff nurse in Vascular and General Surgery. After relocating to New York City, his many roles at the New York Presbyterian Hospital ranged from Senior Staff Nurse, Geriatric Nurse Practitioner, Patient Care Director and Director of Nursing Quality and Improvement Initiatives. Barry is currently Regional Director Clinical Quality Services at Broward Health Imperial Point (BHIP), and holds an adjunct faculty position at The BirchTree Center for Healthcare Transformation. He is a Manuscript Reviewer for the Journal of Holistic Nursing and sits on the Advisory Board for the Advanced Holistic Nursing Master’s Degree at the Christine E. Lynn College of Nursing, Florida Atlantic University. In 2015, Barry accepted the Fort Lauderdale Chamber of Commerce Excellence in Healthcare Award for Wellness/Lifestyle Program for the Holistic Care Council at BHIP.

About AHNA

Founded in 1981, American Holistic Nurses Association’s (AHNA) primary mission has been the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This non-profit professional membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and integrative treatment approaches to improve the physical, mental, emotional and relational health of the whole person.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to sport a vibrant and expanding universe of healthcare professionals. AHNA serves 4,500+ members and over 140 chapters across the U.S. and abroad.

The American Holistic Nurses Association’s Education Provider Committee is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center Commission (ANCC) on Accreditation.

Provider approved by the California Board of Registered Nursing, Provider # 10442.
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