



Holistic

Self-Care Conference for Nurses

Olathe, KS 10-23-2020

Deepen Your Self-Care Skills

- The Pleasure & Power of Essential Oils
- Energy Healing for Self-Care
- Yoga for Balance, Energy & Well-Being
- Mindfulness & Self-Compassion
- Resilience & Joy in the Journey

HOLISTIC SELF-CARE: YOUR SECRET POWER FOR ENHANCING PATIENT CARE

**KEYNOTE: AHNA Treasurer
Jane Foote, EdD, MSN, RN, CNE**



AHNA is accredited as a provider of continuing education by the American Nurses Credentialing Center's COA. Provider approved by the California Board of Registered Nursing Provider #10442.



CONFERENCE REGISTRATION

Friday, October 23, 2020
9 AM - 5 PM

Ball Conference Center
21350 West 153rd St.
Olathe, KS 66061

6 CNE, Lunch & Networking
\$90 through October 16, 2020
\$105 after October 16, 2020
www.AHNA.org/Regionals