



PRESS RELEASE

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FOR IMMEDIATE RELEASE

AHNA's 2025 Advocacy Award & Lifetime Achievement Award Recipient is Deborah Shields

Deborah A. Shields, PhD, RN, CCRN, QTTT, AHN-BC, SGAHN of Bremen, Ohio has been selected to receive the 2025 AHNA Advocacy and the AHNA Lifetime Achievement Award. AHNA's 2025 Lifetime Achievement Award honors and celebrates the outstanding lifetime achievement in holistic nursing of an AHNA member. This is an award for an AHNA member that has had a lengthy presence in the field of holistic nursing at the National/International level who embodies the AHNA core values in their personal and professional lives.

AHNA's Advocacy Award recognizes an Advocate/Legislator who supports Holistic Nursing in policy formation and/or legislation. The award winner has developed and implemented sustained advocacy for Holistic Nursing or other holistic health-related practices at the national level and/or globally and has contributed greatly to Holistic Nursing through positions in elected and/or career government service.

About Deborah

Deborah Shields is a dedicated holistic nurse, educator, and Therapeutic Touch practitioner. A former Professor of Nursing at Capital University in Columbus, Ohio, she has devoted her career to integrating science, art, and holistic principles into nursing care. A past president of the American Holistic Nurses Credentialing Corporation, Deb has received numerous honors, including AHNA's Holistic Nurse of the Year. She is deeply committed to nurse self-care, mentoring, and advancing holistic practice through education, leadership, and service. She has been recognized as a Central Ohio Nursing Legend and has indeed led a life dedicated to the advancement of holistic nursing. She is a nurse icon.



About AHNA

The American Holistic Nurses Association (AHNA) is a non-profit specialty nursing professional membership organization that serves as the definitive voice for registered nurses who practice holistic nursing.

Founded in 1981, AHNA's primary mission is to advance holistic nursing through Practice, Community Building, Advocacy, Research and Education. The association is dedicated to the continued development of evidence-based holistic research, self-care methods for nurses and non-pharmacological pain management. AHNA offers networking opportunities to its members along with continuing nursing education through webinars, self-study programs, publications, conferences, and scholarship and grant opportunities.

AHNA currently services more than 5,100 members through 135 local chapters in the U.S. and abroad. Holistic Nursing is recognized by the American Nurses Association as an official nursing specialty with a defined scope and standards of practice.

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