



PRESS RELEASE

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FOR IMMEDIATE RELEASE:

American Holistic Nurses Association Recognizes Anna Larkin as Recipient of *Charlotte McGuire Education Scholarship and Bea Alley Commemorative Conference Scholarship for 2021*

Anna Larkin, BSN, RN, HNB-BC, ONC, of New York, New York, was presented with the Charlotte McGuire Education Scholarship and the Bea Alley Commemorative Conference Scholarship on June 12th, 2021 at AHNA's 41st Annual Conference.

The Charlotte McGuire Scholarship Program (CMGSP) was established in 1986 through a gracious gift to the American Holistic Nurses Association. Named in honor of the AHNA founder, Charlotte McGuire, the Charlotte McGuire Scholarship Program is made possible through the generous tax deductible donations of AHNA members, friends and benefactors. Since 1987, the program has offered academic scholarships to undergraduate or graduate students in need of assistance to help them through their holistic nursing growth and education. More than \$50,000 has been awarded since the program began.

The Bea Alley Commemorative Conference Award was named in honor of lifetime AHNA member, Bea Alley, an early leader in holistic nursing, and is intended to keep her memory and enthusiasm alive. The award allows students to take part in the wonderful opportunities at the annual conference so that they may expand their holistic education.

About Anna

Anna is currently a graduate student at Hunter College and has been a registered nurse for more than five years, providing patient care in postoperative orthopedic care. She cares for adult patients who have undergone sports injuries or traumas, as well as pediatric patients with congenital deformities and chronic illnesses. Serving as the only certified holistic nurse at her workplace, Anna enjoys the opportunities she has to share about holistic nursing with her colleagues. Anna is working on an evidence-based research project at her institution that examines the use of nurse-led aromatherapy to manage discomfort related to nausea in the orthopedic patient.

An active AHNA member, Anna has attended local AHNA conferences, Integrative Medicine conferences and lectures, and is committed to expanding her holistic nursing knowledge and education. She is proud to have had an article of her published in the *Beginnings* magazine entitled, "Nightshift Wellness: How to Beat the Biological Clock" that gives nurses tips on how to maintain wellness when working the nightshift. Anna is pursuing a Doctorate of Nursing Practice with the goal of becoming an Adult Geriatric Nurse Practitioner in Primary Care using a holistic approach to delivery of care.



About AHNA

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission, the advancement of holistic healthcare by increasing awareness and promoting education, as well as personal community-building among nurses, other healthcare professionals and the public. This nonprofit professional membership organization is the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the mind body and spiritual health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of holistic healthcare professionals. AHNA currently services more than 5,500 members through 160 local chapters/networks in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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