Crystal Shanks, BSN, RN
Nurse Practice Specialist

Bio
Crystal has practiced nursing across multiple states, holding residence in Kansas, Florida and Colorado. With an affinity for cultural awareness, travel nursing became an ideal opportunity for educational growth. Crystal’s clinical experience reflects extensive work in Neonatal, Pediatrics, Emergency and Pediatric-Emergency nursing. In response to the high stress setting of emergency medicine, she began searching self-care practices, and sharing them with colleagues. This once budding hobby led to development of an independent holistic wellness consulting service, advising self-care and advocating policy changes to improve nurse resiliency.

Education
2012- BSN, Baker University

What Sharon does for AHNA
Crystal will assume responsibilities in the areas of practice, continuing education and program coordination for AHNA’s growing outreach and participation regionally and nationally.