Overview
The purpose of this activity is to enable the learner to explore a different approach to pain management for self and their patients.

Learning Outcomes:
Following this education activity, the participant will be able to:
1. Explore the use of positive thinking for the relief of pain
2. Teach patients how to harness the power of their mind and plant the seeds of comfort

Contact Hour(s) 1.15

Requirements for Successful Completion
Requirements for successful completion includes: read the entire article, score 70% or better on the posttest, complete the online evaluation form.

Conflict of Interest
The planners and faculty have declared no conflicts of interest related to this activity.

Commercial Support
There is no commercial support or sponsorship for this activity

Expiration Date of Contact Hours
Posttest must be completed on or before July 31, 2019

Beginnings, AHNA Member Magazine, August 2017 Issue

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Provider approved by the California Board of Registered Nursing, Provider # 10442

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AHNA’s CNE activities do not include any unannounced information about off-label use of a product for a purpose other than that for which it was approved by the Federal Drug Administration (FDA)