Connecting More with the Arts
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Overview
The purpose of this activity is to enable the learner to increase their awareness of the health and healing value of the arts for self-care.

Learning Objectives:
Following this education activity, the participant will be able to:
1. Categorize art activities into one of the three types of connections to art: art therapy, art looking/sensing, and art making.
2. Evaluate the biopsychosocial responses to art-making.

Contact Hour(s) 1.2

Requirements for Successful Completion
Requirements for successful completion includes: read the entire article, score 70% or better on the posttest, complete the online evaluation form.

Conflict of Interest
The planners and faculty have declared no conflicts of interest related to this activity.

Commercial Support
There is no commercial support or sponsorship for this activity

Expiration Date of Contact Hours
Posttest must be completed on or before January 31, 2019

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