The Personal and Professional Experiences of Integrative Nurse Coach Certificate Program Graduates

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Overview

The purpose of this activity is to depict the personal and professional experiences reported by Nurse Coach Certificate program graduates who participated in a qualitative pilot study describing an Integrative Nurse Coach Certificate program. The researchers reported findings obtained via taped transcripts and subsequent reviews of the semi-structured interviews developed by the researchers. The structure of the semi-structured interviews was based on the researchers’ personal experiences and supported by the scarcity of current literature. The researchers identified four common themes reported by participants a) development of self, 2) enriched self-care, 3) a call to action for facilitating the health care paradigm, and 4) incorporating Integrative Nurse Coaching into nursing practice. They describe the potential for further follow-up based on the insights obtained from this pilot, to support investigating the importance of Integrative Nurse Coaching for the patient’s welfare as well as promoting nurse self-care.

Learner Outcomes:

At the conclusion of this activity, learners will be able to:

1. Describe the Integrative Nurse Coach as reported in the article.
2. Identify the design of the study and participant selection.
3. Discuss the concepts of themes derived by the researchers.
4. Discuss the implications identified in this study.
5. Evaluate the limitations of this study.
6. Discuss the implications of employing Integrative Nurse Coaching.

Contact Hours 3.32

Requirements for Successful Completion

Requirements for successful completion includes: read the entire article, score 70% or better on posttest, complete the online evaluation form.

Conflict of Interest

The planners and faculty have declared no conflicts of interest related to this activity.

Commercial Support

There is no commercial support or sponsorship for this activity

Expiration Date of Contact Hours

Posttest must be completed on or before May 31, 2020

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