Opening Your Heart in Prayer

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Overview:
The human experience of praying supports personal and community spirituality, connects spirit to spirit, transcends time and space, and directs the search for wholeness, healing, and relationship. In this presentation, learners will compare and contrast the definitions of religion and spirituality, discover spiritual interventions guided by nursing theory and find new ways to integrate this knowledge about spirituality into nursing practice.

Learner Outcomes
At the conclusion of this activity, learners will be able to:
- Integrate the concepts of religion and spirituality into the role of healer.
- Reflect on personal spiritual fitness and your ability to connect with the Sacred.
- Create a plan to positively impact the spiritual health of self and others.

Contact Hour(s) – 1.0

Requirements for Successful Completion
In order to receive full contact hour credit for this CNE activity, you must:
- Be registered for this activity by purchasing it through AHNA’s online store, www.ahna.org/Shop/Webinar-CNE
- Be present no later the five (5) minutes after starting time.
- Remain until the scheduled ending time.
- Complete an evaluation at the end of this activity.
  - Log into www.ahna.org
  - Hover over Education
  - Click “Evaluations & Certificates”
    - The evaluation will remain open for thirty (30) days following the webinar
    - In order to receive contact hours you must complete the evaluation. Once the evaluation is closed no contact hours will be issued.
    - After you finish the evaluation you will be able to download and/or print your Certification of Successful Completion immediately.

Conflict of Interest
The planners and presenters of this CNE activity have disclosed no relevant financial relationship with any commercial companies related to this activity.

Commercial Support
There is no commercial support or sponsorship for this activity.

Expiration Date of Contact Hours
Posttest must be completed on or before July 31, 2021

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