FOR IMMEDIATE RELEASE:

American Holistic Nurses Association Recognizes Stephanie Hope, Mia Larson and Nicole Vilensky as Recipients of Bea Alley Commemorative Scholarship Award

Stephanie Hope, RN, BSN, NC-BC, DNP student, of Minneapolis, MN; Mia Larson, RN, BSN, HN-BC, PhD student, of Saint Paul, MN; and Nicole Vilensky, Endoscopy Technician, of Long Beach, CA, were awarded the 2019 Bea Alley Commemorative Scholarship at the AHNA 39th Annual Conference in Tulsa, Oklahoma on June 6, 2019. This scholarship was named in honor of lifetime AHNA member, Bea Alley, an early leader in holistic nursing, and is intended to keep her memory alive. The scholarship allows students to take part in the wonderful opportunities at conference so that they may expand their holistic education.

About Stephanie

Stephanie Hope, RN, BSN, NC-BC currently practices as a Certified Nurse Coach and is a Doctor of Nursing Practice student at the University of Minnesota in the specialty of Integrative Health and Healing. She previously worked in the fields of oncology and hospice, and served as a study guide for the NYU Psilocybin Cancer Anxiety Study. She is a student and practitioner of yoga, meditation, astrology, music and dance, plant medicine, and sacred teachings of many traditions. She lives in Kingston, NY where she serves on the Live Well Kingston city commission for health and wellness.

About Mia

Mia Larson started her career as a Registered Nurse in the neuroscience ICU and cardiac rehab at Mayo Clinic in Rochester, MN. After 6 years of practice, she decided to returned to school to obtain a PhD in rehabilitation medicine. She has been working on her PhD for the last two and a half years and is focused on woman's health and cardiovascular physiology. After she completes her PhD program, she hopes to teach cardiac and autonomic physiology at a large research institution and conduct clinical research on the use of holistic therapies for women's health and chronic pain.
About Nicole

Nicole Vilensky, RN, was born and raised in Long Beach, CA. She attended Long Beach City College for her Associate’s Degree in Nursing and is currently working on a BSN at California State University Dominguez Hills. Nicole works full time as a Registered Nurse in the GI lab at MemorialCare Long Beach Medical Center where she is privileged to care for a wide range of patients.

As a young adult, Nicole became interested in essential oils, hot yoga, and the power of the human mind. Now that nursing school is almost over (Spring 2020), Nicole has more time to devote to these interests and more energy to share her passions with the patients she cares for on a daily basis.

About AHNA

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission, the advancement of holistic healthcare by increasing awareness and promoting education, as well as personal community-building among nurses, other healthcare professionals and the public. This nonprofit professional membership organization is the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the mind body and spiritual health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of holistic healthcare professionals. AHNA currently services more than 5,500 members through 166 local chapters/networks in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both as defined scope and standards of practice.

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