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FOR IMMEDIATE RELEASE:

American Holistic Nurses Association Recognizes Mary B. Johnson as Recipient of Lifetime Achievement Award

Mary B. Johnson, PhD, RN, AHN-BC (Retired), CHTP, of Minnetonka, Minnesota was awarded the 2019 Lifetime Achievement Award at the AHNA 39th Annual Conference in Tulsa, Oklahoma on June 6, 2019. The Lifetime Achievement Award is given to celebrate the outstanding lifetime achievement in the field of holistic nursing; a way of acknowledging all the holistic nursing work accomplished through sustained participation in AHNA and advancing the specialty practice of holistic nursing.

About Mary

Mary B. Johnson is a Professor Emeritus from St. Olaf College where she taught in the nursing program for twenty-six years with a major focus on Oncology Nursing. She has taught imagery, reflexology, Healing Touch, and relaxation techniques as well as the principles of Holistic Nursing in workshops for health care providers for many years. She has completed certification in Healing Touch and Advanced Practice in Holistic Nursing and is a founding member of the Minnesota Holistic Nursing Association. She is a Healing Touch provider and on the Board at Pathways: A Healing Center, in Minneapolis.

About AHNA

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission, the advancement of holistic healthcare by increasing awareness and promoting education, as well as personal community-building among nurses, other healthcare professionals and the public. This nonprofit professional membership organization is the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the mind body and spiritual health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of holistic healthcare professionals. AHNA currently
services more than 5,500 members through 166 local chapters/networks in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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