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FOR IMMEDIATE RELEASE:

American Holistic Nurses Association Awards the Journal of Holistic Nursing Writing Excellence Award for Mixed Method Research to Susan Mac Leod Dyess, Angela S. Prestia, Doren-Elyse Marquit and David Newman

The AHNA awarded its prestigious Journal of Holistic Nursing (JHN) Writing Excellence Award in Mixed Method Research at the 39th Annual Conference in Tulsa, Oklahoma, June 2nd-7th, 2019. The purpose of the Journal of Holistic Nursing Writing Excellence Award is to recognize excellence in writing and a particular focus on advancing the science of holistic nursing through research by publication in the Journal of Holistic Nursing.

The 2019 JHN Writing Excellence Award for a Mixed Method Research article is entitled “Self-Care for Nurse Leaders in Acute Care Environment Reduces Perceived Stress”, and the authors are Susan Mac Leod Dyess, PhD, RN, AHN-BC, NE-BC, HWNC-BC; Angela S. Prestia, RN, PhD, NE-BC; Doren-Elyse Marquit and David Newman, PhD.

About Susan Dyess

Susan Dyess, PhD, RN, AHN-BC, NE-BC, HWNC-BC, is an academic professional. She practices, researches, and teaches holistic health. She is an experienced Professor with a demonstrated history of working in the higher education industry. Skilled in Academic Leadership, Nursing Education, Instructional Design, Health Promotion and Healthcare Research. She is certified in Advanced Holistic Nursing, Health and Wellness Nurse Coaching and Nurse Executive competencies. She is an author and/or co-author on >30 publications, of which >15 are data based. Her experience is steeped in leadership development, community based participatory action research studies, and community nursing.

About Angela Prestia

Angela Prestia, PhD, RN, NE-BC, has been a nursing professional for 39 years. She began her educational journey as an Associate’s Degree Nurse, obtained a Bachelor’s in Nursing at the University of West Florida, a Master’s degree in Nursing from Vanderbilt University and a PhD from Florida Atlantic University. She holds a Certificate in Health-care Administration and is board certified as a
Nurse Executive. She is currently the Director of Patient Care Region 5 for Trustbridge; standardizing and assuring excellence in nursing care for patients at end of life. Her scholarship has led her to research, present and publish articles related to Nursing Leadership including; Chief Nursing Officer Sustainment, Existential Authenticity, Self- Care, Transformational Resiliency, and Moral Distress. Her hope is to share her results, passion and deep respect for all nurse leaders.

About Doren-Elyse Marquit

Doren-Elyse is currently an advanced practicum level counselor pursuing her licensure as an intern with the Lighthouse of Broward, helping teens and adults adjust to their visual impairments and other related disabilities. She also created a horticultural therapy program to help the clients reconnect with their body, while building self-esteem and having fun in a natural setting; bringing her unique healing vision to their organization. Through techniques she has learned and developed as a third generation healer and published researcher on self-care, she inspires the optimal work-life balance. Her services include stress reduction, office wellness design, minimizing for maximum potential and more.

About AHNA

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission, the advancement of holistic healthcare by increasing awareness and promoting education, as well as personal community-building among nurses, other healthcare professionals and the public. This nonprofit professional membership organization is the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the mind body and spiritual health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of holistic healthcare professionals. AHNA currently services more than 5,500 members through 166 local chapters/networks in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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