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FOR IMMEDIATE RELEASE:

American Holistic Nurses Association Recognizes Sara Scheller as Charlotte McGuire Graduate Scholarship Recipient

Sara Scheller, BSN, RN, NBC-HWC, HNB-BC, of Point Pleasant, New Jersey was awarded the American Holistic Nurses Association’s Charlotte McGuire Education Scholarship for 2020.

The Charlotte McGuire Scholarship Program (CMGSP) was established in 1986 through a gracious gift to the American Holistic Nurses Association. Named in honor of the AHNA founder, Charlotte McGuire, the Charlotte McGuire Scholarship Program is made possible through the generous tax deductible donations of AHNA members, friends and benefactors. Since 1987, the program has offered academic scholarships to undergraduate or graduate students in need of assistance to help them through their holistic nursing growth and education. More than $50,000 has been awarded since the program began.

About Sara

Sara is a registered nurse professional with 10+ years of direct patient care in Intensive Care with patients across the lifespan ranging from infancy through older adulthood. A lifelong learner with a passion for integrative health and wellness, and a mission to inspire, empower, motivate, and educate on an optimal lifestyle. She has experience speaking to nurses regarding burnout prevention, how to create work/life balance, and writing an individualized prescription for health and healing including goal setting and creating an inspired life. She is also a Certified Integrative Nutrition Health Coach, certified Heartmath coach/mentor, Nationally Board Certified Health & Wellness Coach (NBC-HWC), and Board Certified Holistic Nurse (HNB-BC). She completed the Integrative Healing Arts Academy through the BirchTree Center for Healthcare Transformation in April 2018.

Sara is pursuing a Master of Science degree in Complementary and Integrative Health at Drexel University. She is currently employed by Hackensack Meridian Health as an Integrative Health Coach and serves the AHNA Coastal Chapter of New Jersey as Chapter Leader. Sara earned her BSN at Stockton University in 2011 and volunteers as a Girl Scout Troop Leader in her free time.
About AHNA

Founded in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission, the advancement of holistic healthcare by increasing awareness and promoting education, as well as personal community-building among nurses, other healthcare professionals and the public. This nonprofit professional nursing specialty organization is the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the mind body and spiritual health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of holistic healthcare professionals. AHNA currently services more than 5,500 members through 152 local chapters/networks in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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