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FOR IMMEDIATE RELEASE:

American Holistic Nurses Association Honors Colleen Delaney as 2020 Holistic Nurse of the Year

The American Holistic Nurses Association announced Colleen Delaney, PhD, RN, AHN-BC, of Woodbury, Connecticut, as the 2020 Holistic Nurse of the Year. The Holistic Nurse of the Year (HNY) Award recognizes AHNA members who have contributed to outstanding innovations or changes in the field of holistic nursing. It highlights nurses who have been working in holistic nursing for several years and have demonstrated a commitment toward AHNA’s core values.

About Colleen

Colleen earned her Bachelor of Science in Nursing, Master of Science in Community Health Nursing, PhD in Nursing and Postdoctoral Fellowship from the University of Connecticut. She is an Associate Research Professor in the University of Connecticut School of Nursing, and the Founding Director of the Graduate Certificate Program in Holistic Nursing at UConn. She is the immediate past Treasurer of the AHNA and past faculty of AHNA’s Integrative Healing Arts Program (IHAP), Associate Editor of the Journal of Holistic Nursing, and contributing author of the Scope and Standards of Holistic Nursing. She holds national board certification in advanced holistic nursing and health and wellness coaching. In addition to her extensive experience as a nurse educator, she has served in a variety of clinical roles, including the Visiting Nurse Association, Waterbury Hospital, and Hartford Hospital.

Dr. Delaney has received multiple prestigious awards in nursing education and research. Her clinical specialty area is community/public health nursing. Among her major areas of investigation are: nurse-led multicomponent interventions for older adults with heart failure receiving home care services; evidence-based interventions to enhance care of older adults with depression; spirituality and spirituality-based interventions for community dwelling older adults with cardiovascular disease; and holistic nursing education.
About AHNA

Founded in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission, the advancement of holistic healthcare by increasing awareness and promoting education, as well as personal community-building among nurses, other healthcare professionals and the public. This nonprofit professional nursing specialty organization is the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the mind body and spiritual health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of holistic healthcare professionals. AHNA currently services more than 5,500 members through 152 local chapters/networks in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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