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FOR IMMEDIATE RELEASE:

American Holistic Nurses Association Awards the 2020 Presidential Award to Becky Lara

Rebecca “Becky” Lara of Phoenix, Arizona is the recipient of 2020 American Holistic Nurses Association’s (AHNA) Presidential Award. This award recognizes individuals who have provided outstanding service, and through their contributions, have supported the growth and success of AHNA. Becky is the current Editor for AHNA’s Beginnings magazine and has been with AHNA since 2004, helping to increase visibility of holistic nursing, nurture nurses around the world, and highlight the stories of holistic nurses.

About Becky

Becky has worked with AHNA for 16 years to promote and advance the specialty practice of holistic nursing and has been the Editor of Beginnings magazine since 2011. Through her consulting and communications business, Holistic Creations, she provides freelance marketing, design, writing, and editing services for various organizations, including the Wisdom of the Whole Coaching Academy. Becky received her Bachelor of Science from Northern Arizona University and is currently pursuing a Master of Arts in Counseling at Phoenix Seminary. In her free time, she enjoys exploring the wilderness of Arizona with her husband and two young daughters.

About AHNA

Founded in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission, the advancement of holistic healthcare by increasing awareness and promoting education, as well as personal community-building among nurses, other healthcare professionals and the public. This nonprofit professional nursing specialty organization is the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the mind body and spiritual health of the whole person.
AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of holistic healthcare professionals. AHNA currently services more than 5,500 members through 152 local chapters/networks in the U.S. and abroad. Holistic Nursing is recognized by the American Nurses Association as an official nursing specialty with both as defined scope and standards of practice.

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