AHNA Awards the Journal of Holistic Nursing Writing Excellence Award for Quantitative Research

The American Holistic Nurses Association’s Journal of Holistic Nursing Excellence in Writing Awards are intended to recognize excellence in writing and its contribution to advancing the scholarship of holistic nursing through publication in the Journal of Holistic Nursing. In 2020, four writing teams and their articles were selected as recipients of the JHN Excellence in Writing Award. For Quantitative Research, the article recognized is entitled ‘Reiki for Pain During Hemodialysis: A Feasibility and Instrument Study’ authored by Savannah Zins, PhD, RN; Mary Catherine Hooke, PhD, APRN, PCNS, CPON; and Cynthia R. Gross, PhD.

About Savannah

Dr. Savannah Zins, PhD, RN, received her undergraduate degree from South Dakota State University and her PhD from the University of Minnesota. She has experience educating, doing research, and caring for hospitalized adults in a variety of medical/surgical and case management areas. Dr. Zins’ research focus is on adjunct, holistic therapies to improve symptom management in populations experiencing chronic illness.

About Mary

Dr. Mary C. Hooke, PhD, APRN, PCNS-BC, CPON, is an associate professor in the School of Nursing at the University of Minnesota and is a pediatric clinical nurse specialist. She is also an assistant editor for the Journal of Pediatric Oncology Nursing. Dr. Hooke served as a co-advisor to Dr. Zins for her PhD dissertation, which is reported in her manuscript, Reiki for Pain During Hemodialysis: A Feasibility and Instrument Study.
About Cynthia

Dr. Cynthia Gross, PhD, is professor emerita, School of Nursing and College of Pharmacy, University of Minnesota. Her research documented benefits to quality of life for patients with renal disease who received organ transplantation. Dr. Gross led clinical trials that showed reduced symptom distress in transplant recipients and improved sleep in patients with chronic insomnia after mindfulness training. Dr. Gross was an advisor to Dr. Savannah Zins, whose dissertation work is reported in Reiki for Pain During Hemodialysis: A Feasibility and Instrument Study.

About AHNA

Founded in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission, the advancement of holistic healthcare by increasing awareness and promoting education, as well as personal community-building among nurses, other healthcare professionals and the public. This nonprofit professional nursing specialty organization is the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the mind body and spiritual health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of holistic healthcare professionals. AHNA currently services more than 5,500 members through 152 local chapters/networks in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

For additional information, contact:
Casey Bohannon
communications@ahna.org
800-278-2462