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FOR IMMEDIATE RELEASE

American Holistic Nurses Association Recognizes Julia Christensen as Recipient of Bea Alley Commemorative Scholarship Award

Julia Christensen of Saratoga, CA was awarded the 2018 Bea Alley Commemorative Scholarship at the AHNA 38th annual conference in Niagara Falls, New York, June 5 – June 10th, 2018. This scholarship was named in honor of lifetime AHNA member, Bea Alley, an early leader in holistic nursing, and is intended to keep her memory alive. The scholarship allows students to take part in the wonderful opportunities at conference so that they may expand their holistic education.

About Julia

Julia Christensen is currently enrolled in the BSN degree program at San Francisco State University in San Francisco, California. Julia was nearly finished with a degree in teaching when she realized her heart was not in it and redirected her focus to nursing. While working as a medical assistant, she realized she could do much more for patients by earning her BSN. Julia heavily credits Florence Nightingale and her teachings as her inspiration to focus on the patient as a whole: physically, emotionally and spiritually. Julia is the Holistic Health Co-Director for the Nursing Student Association Chapter at San Francisco State University and looks forward to incorporating ideas and strategies from the Annual Conference into her workshops and weekly newsletters that promote self-care and work-life balance, and sharing them with her fellow nursing students. Julia has found that the skills she’s learning as a holistic nurse allow her to give loving care to people of all walks of life.
About AHNA

The American Holistic Nurses Association (AHNA) is a non-profit specialty nursing professional membership organization that serves as the definitive voice for registered nurses who practice holistic nursing.

Founded in 1981, AHNA’s primary mission is to advance holistic nursing through Practice, Community building, Advocacy, Research and Education. The association is dedicated to the continued development of evidence-based holistic research, self-care methods for nurses and non-pharmacological pain management. AHNA offers networking opportunities to its members along with continuing nursing education through webinars, self-study programs, publications, conferences, and scholarship and grant opportunities.

AHNA currently services more than 5,000 members through 146 local chapters in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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