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FOR IMMEDIATE RELEASE

American Holistic Nurses Association Recognizes Margaret “Micky” Erickson PhD, RN, MSN, CNS, APHN-BC for 2018 Holistic Nurse of the Year

Margaret “Micky” Erickson PhD, RN, MSN, CNS, APHN-BC, of Cedar Park, TX was honored with the 2018 Holistic Nurse of the Year award at the 38th Annual American Holistic Nurses Association (AHNA) Conference in Niagara Falls, New York, June 5 – June 10th, 2018. The Holistic Nurse of the Year (HNY) award recognizes AHNA members with outstanding innovation or a change in the field of holistic nursing. It highlights nurses who have been working in holistic nursing for several years and have demonstrated a commitment towards the Holistic Nursing’s core values.

About Margaret
Margaret “Micky” Erickson PhD, RN, MSN, CNS, APHN-BC, of Cedar Park, TX is the 2018 Holistic Nurse of the Year. Micky earned her BSN in 1980 from the University of Michigan, in Ann Arbor, MI. She went on to earn her MSN in 1991 and PhD in 1996, both from the University of Texas at Austin. She is a certified holistic advance practice nurse; a Holistic Nursing Consultant with an emphasis on the Modeling and Role-Modeling Theory of Nursing, and the CEO of the American Holistic Nursing Credentialing Corporation (AHNCC). She has been the CEO of AHNCC since 2000 and the last two decades of Micky’s nursing career have been dedicated to promoting holistic nursing through certification.

During her tenure with AHNCC, Micky has seen holistic nursing certification grow significantly. When she started, there was only one holistic nursing certification exam and now there are five, accredited by the Accreditation Board for Specialty Nursing Certification (ABSNC) and recognized by the American Nurses Credentialing Center (ANCC). Micky was a leader in keeping nurse coaching from being sealed into specialty disciplines other than nursing, and worked with nurse coaches to develop competencies and two nurse coach certification exams. She strengthened the relationship between AHNCC and AHNA and uses that relationship to help disseminate certification information.

She is a seasoned speaker having been an educator, but also presenting at conferences, most recently at the 2018 AHNA Annual Conference. She presented an abbreviated version of her two-day course, *Immersion in Holistic Nursing*, intended for anyone interested in deepening their holistic nursing practice through certification, publishing, developing a research study, EBP or QI project. Micky has created and presented several webinars, including “Patient-Centered vs. Patient-Focused Care: The Same or Different and Why Does It Matter” and “Certification? Credentialing? What Does it all Mean to Me”. Micky is also an extensively published author, her most recent publication being an article in the October 2017 issue of *Beginnings Magazine*, “Learning and Living Nursing’s Moral and Social Imperative”. She won the 2017 Journal of Holistic Nursing’s Excellence in Practice Writing Award with her fellow authors for “A Proactive Innovation for Health Care Transformation: Health and Wellness
Nurse Coaching,” she has been presented in her nursing career with other awards, and is a past American Nurses Foundation Scholar.

Micky is highly involved in her local and national community organizations, including the Advisory Board for the International Consortium for Health and Wellness Coaches, Integrative Healthcare Policy Consortium and the Texas Nurses Association. She has been a member of Sigma Theta Tau and the Society for Advancement of Modeling and Role-Modeling for more than 20 years, and a member of AHNA for 19, which highlights her loyalty and dedication to holistic nursing.

Margaret “Micky” Erickson PhD, RN, MSN, CNS, APHN-BC

About AHNA
The American Holistic Nurses Association (AHNA) is a non-profit specialty nursing professional membership organization that serves as the definitive voice for registered nurses who practice holistic nursing.

Founded in 1981, AHNA’s primary mission is to advance holistic nursing through Practice, Community building, Advocacy, Research and Education. The association is dedicated to the continued development of evidence-based holistic research, self-care methods for nurses and non-pharmacological pain management. AHNA offers networking opportunities to its members along with continuing nursing education through webinars, self-study programs, publications, conferences, and scholarship and grant opportunities.

AHNA currently services more than 5,000 members through 146 local chapters in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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