June 25, 2018
FOR IMMEDIATE RELEASE:

American Holistic Nurses Association Recognizes Deborah Kramer with the 2018 Journal of Holistic Nursing Writing Award for Education

The AHNA awarded its prestigious Journal of Holistic Nursing (JHN) Writing Award for Education to Deborah Kramer, EdD, RN, CPNP, FNP from the College of Mount Saint Vincent in Riverdale, New York at the 38th Annual Conference in Niagara Falls, New York, June 5 - 10, 2018. The purpose of the Journal of Holistic Nursing Writing Award for Education is to recognize excellence in writing and its contribution to advancing the scholarship of holistic nursing in education.

Her article, “Energetic Modalities as a Self-Care Technique to Reduce Stress in Nursing Students,” was printed in the December 2017 issue of JHN. The article describes the outcomes of nursing students taking a course in complementary and alternative therapies focusing on energetic modalities that were used as a means of self-care.

About Deborah

Dr. Deborah Kramer is Director of the undergraduate nursing program at the College of Mount Saint Vincent in Riverdale, New York and Director of the Mentorship Program. She also teaches in the nurse-practitioner program on the graduate level and has been teaching nursing at the graduate and undergraduate levels for the past 33 years. A Pediatric Nurse Practitioner since 1982 and a Family Nurse Practitioner since 2006, she has expertise in primary care, early intervention (0-3 years), and individuals with disabilities. She has been practicing alternative and complementary therapies (CAM) for over 25 years.

Dr. Kramer works clinically with children with special needs as a primary care provider, and develops inclusion programs for children and young adults with developmental disabilities in the community. Her summer camp inclusion program has been replicated by several organizations. She has presented nationally and internationally, and is the author of the 2017 Springer book: Primary Well-being: Case studies for the growing child, which incorporates CAM into the well child visit. Her research on CAM, staff burnout, student retention and mentoring has been published in numerous nursing journals.
About AHNA

The American Holistic Nurses Association (AHNA) is a non-profit specialty nursing professional membership organization that serves as the definitive voice for registered nurses who practice holistic nursing.

Founded in 1981, AHNA’s primary mission is to advance holistic nursing through Practice, Community building, Advocacy, Research and Education. The association is dedicated to the continued development of evidence-based holistic research, self-care methods for nurses and non-pharmacological pain management. AHNA offers networking opportunities to its members along with continuing nursing education through webinars, self-study programs, publications, conferences, and scholarship and grant opportunities.

AHNA currently services more than 5,000 members through 146 local chapters in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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