January 15, 2019
FOR IMMEDIATE RELEASE:

AHNA Elects Karen Avino to the Board of Directors

The American Holistic Nurses Association elected Karen Avino, EdD, RN, MSN, AHN-BC, HWNC-BC of Wilmington, Delaware to the Board of Directors. She will be installed at the organization's 39th Annual Conference held in Tulsa, Oklahoma in June 2019. Her responsibilities in this position will include determining the vision, direction and guidance for the specialty association and representing holistic nurses nationally and internationally.

About Karen

Karen Avino, EdD, RN, MSN, AHN-BC, HWNC-BC earned her EdD in Educational Leadership, an MSN in Health Service Administration and a Bachelor’s of Science in Nursing from the University of Delaware. Karen is newly retired as nursing faculty from the University of Delaware where she taught Holistic Nursing and Integrative Health for the past 20 years. Past life experiences include Maternal Child Health, Community Health Leadership, and Board of Director roles. She is currently self-employed working as a Holistic Nurse Consultant with organizations, and as an Integrative Nurse Coach in practice providing integrative therapies within individual and group coaching sessions. Karen is adjunct faculty for Florida Atlantic University’s graduate level Advanced Holistic Nursing Program. She is Associate Faculty for the International Nurse Coach Association teaching live programs in retreat settings. Within AHNA, Karen has been on past Conference Planning Committees, was the Faculty/Student Enews Editor, and is presently the AHNA Chapter Leader in Delaware serving for the past 10 years. Karen is founder of the Integrative Holistic Nurse Academy, providing live and online courses on Holistic Nursing and Integrative Nurse Coaching topics. She is also a co-editor and an author of Holistic Nursing: A Handbook for Practice, (7th Ed.) and the Core Curriculum for Holistic Nursing (2nd Ed.). Karen is a Reiki Master, Clinical Meditation and Imagery, and HeartMath Practitioner.
About AHNA

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission, the advancement of holistic healthcare by increasing awareness and promoting education, as well as personal community-building among nurses, other healthcare professionals and the public. This nonprofit professional membership organization is the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the mind body and spiritual health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of holistic healthcare professionals. AHNA currently services more than 5,500 members through 166 local chapters/networks in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

For additional information, contact:
Casey Bohannon
communications@ahna.org
800-278-2462