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FOR IMMEDIATE RELEASE:

AHNA Re-Elects Roxane Chan to the Board of Directors

The American Holistic Nurses Association has re-elected Roxane Raffin Chan, PhD, MS, RN, AHN-BC of Lansing, Michigan to the Board of Directors. She will be re-installed at the organization's 40th Annual Conference held in Albuquerque, New Mexico in June 2020. Her responsibilities in this position will include determining the vision, direction and guidance for the specialty association and representing holistic nurses nationally and internationally.

About Roxane

Currently, Roxane is the Program Integration Specialist at Cristo Rey Community Center in Lansing, MI and she is also faculty at CREDO which is part of the Episcopal Church Pension Group in the United States. Through CREDO she works on a team that delivers mind, body and spiritual wellness to ordained clergy at retreat centers across the United States. Roxane is a Board Certified Advanced Holistic Nurse, a massage therapist, Reiki master and trained provider of Mindfulness Self-Compassion. Roxane also maintains her own practice, Chan Body Energy, LLC, where she works with individuals and groups in the community. During her academic career, Roxane has conducted several funded and unfunded research projects. As the Principal Investigator of an NIH-funded study, she established long-standing meditation support groups in two major health care systems. Her work, “MindfulWatch: A Smartwatch-Based System For Real-Time Respiration Monitoring During Meditation”, was published in 2017 in the Journal of Interactive, Mobile and Ubiquitous Technologies. Roxane’s recent work at Michigan State University involves advancing contemplative pedagogy in order to develop more compassionately based health care providers through the MindfulState initiative. She was also part of a team that helped to develop a resiliency training program for health care providers based on the Mindfulness Self-Compassion program through the Center for Mindfulness at the University of California San Diego. She currently serves as the chairperson of the AHNA Education Approver Committee and is on the AHNA Board of Directors.
About AHNA

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission, the advancement of holistic healthcare by increasing awareness and promoting education, as well as personal community-building among nurses, other healthcare professionals and the public. This nonprofit professional membership organization is the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the mind body and spiritual health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of holistic healthcare professionals. AHNA currently services more than 5,500 members through 166 local chapters/networks in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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