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FOR IMMEDIATE RELEASE:

AHNA Releases 6th Edition of the Foundations of Holistic Nursing (FOHN) Home Study Course

The American Holistic Nurses Association is pleased to announce the release of the 6th edition of the Foundations of Holistic Nursing (FOHN) home study course. The FOHN course is designed to assist nurses in building a strong foundation for holistic nursing practices and preparing to take the AHNCC Holistic Nurse Certification Exams. The FOHN is a 50 CNE self-study that participants have 9 months to complete.

The American Holistic Nurses Association’s Education Provider Committee is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center Commission (ANCC) on Accreditation.

Provider approved by the California Board of Registered Nursing, Provider # 10442.

The demand for holistic nursing knowledge and skills has never been higher; the public is increasingly seeking healing that honors the whole person, body, mind, emotion and spirit. Consequently, holistic nursing is a specialty that is growing rapidly.


The FOHN course is based on three primary resources that provide nurses with the theory, scope, standards, and evidence-based practice information they need to develop and become proficient in their holistic nursing knowledge. The FOHN course is organized by five core values within and incorporates the Holistic Nursing Scope and Standards of Practice (2019), which reflect an integrated approach to caring for the whole person.

The first core value focuses on holistic philosophy, theories and ethics that ground holistic nursing practices. Core value two focuses on holistic nurse self-reflection, self-development, and self-care to help one become more authentic and mindful of the world and environment. Core value three addresses the holistic caring process and explores nursing through a holistic perspective. Core value four covers holistic communication, therapeutic relationship, healing environment and cultural care that introduces a holistic style of communication. Core value five explores holistic education and research and the requirements to begin and continue holistic nursing practices.

The FOHN complete course can be purchased at www.AHNA.org/Shop for $199. Each module will be available for purchase in the future individually for $23-$79. For questions, contact education@AHNA.org.
About AHNA

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission, the advancement of holistic healthcare by increasing awareness and promoting education, as well as personal community-building among nurses, other healthcare professionals and the public. This nonprofit professional membership organization is the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the mind body and spiritual health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of holistic healthcare professionals. AHNA currently services more than 5,500 members through 166 local chapters/networks in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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