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FOR IMMEDIATE RELEASE:

JHN Publishes Article Addressing Holistic and Integrative Nursing Definitions

The article, What’s in a Definition? Holistic Nursing, Integrative Health Care, and Integrative Nursing, by Noreen Cavan Frisch PhD, RN, FAAN, David Rabinowitsch, DNP, RN, AHN-BC, CHTP/I, CNE was recently published in AHNA’s Journal of Holistic Nursing (JHN) September 2019 issue. The article’s purpose was to help clarify meanings of holistic nursing, integrative health care, and integrative nursing.

Findings: Holistic describes “whole person care” often acknowledging body-mind-spirit. Holistic nursing defines a disciplinary practice specialty. The term integrative refers to practice that includes two or more disciplines or distinct approaches to care. The term integrative nursing remains somewhat ambiguous when considering the similarity or difference with either “holistic nursing” or “integrative health care provider.” The term integrative nursing is used to distinguish its practice from holistic nursing (a term its proponents do not use) yet its definition acknowledges that integrative nursing practice is guided by the same principles and theories recognized as “holistic nursing.” In addition, the definition of “integrative nursing” does not explicitly address the combination of two or more treatment modalities or points of view within care that have been a hallmark of “integrative” care literature. Integrative nursing as a disciplinary perspective is largely absent in the peer reviewed integrative health literature.

“The publication of the integrative literature review by Frisch and Rabinowitsch is a touchstone moment for the Journal of Holistic Nursing. This substantive review comes at a time when clarity is needed in the language we use to describe our healing/caring approaches and offers that clarity given our current state of scholarship and knowledge. The relationships among and potentialities of holistic nursing, integrative healthcare, and integrative nursing are enlightened by this work” said JHN Editor Richard Cowling III, RN, PhD, AHN-BC, ANEF, FAAN.

Access article here: https://www.ahna.org/LinkClick.aspx?fileticket=vLNCQdSvz5g%3d&portalid=66
About AHNA

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission, the advancement of holistic healthcare by increasing awareness and promoting education, as well as personal community-building among nurses, other healthcare professionals and the public. This nonprofit professional membership organization is the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and alternative treatment opportunities to improve the mind body and spiritual health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of holistic healthcare professionals. AHNA currently services more than 5,500 members through 152 local chapters/networks in the U.S. and abroad. Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

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